

# The Birthplace of Dreams

Josh



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## DEDICATION

The journey through time and space is only *A Course in Miracles*. I know that now. A part of me has known it all along; the part that is only awareness, unblemished by concern over content, unmoved by what arises within its vast and silent domain.

This awareness is pure context, devoid of the complex associations spawned by the projection of thought forms onto Its Supreme Silence. All else, everything that appears as object, apart from this awareness, is illusion, a mere passing fancy destined to evaporate like morning dew in the midday sun, returning to what it always already is, the Light and the Love of God.

This re-cognition is the Voice of God, the Holy Spirit, and the very Self of all that Is. This Grace is always and everywhere available to one and all, a Gift from the Creator of all things, in Loving Memory of His Beloved Creations, created in every aspect like Himself. He has remembered those who have forgotten themselves.

Involvement with the content of awareness breeds an illusory friction. The content is thought to be significant, and through the faculties of memory and attention, a dream is formulated. Inevitably, the dream is discordant, which is its hidden blessing. It is the conflict which compels the dreamer to awaken. And so it was in the case of this dreamer.

The destiny of this passing fancy is secure. I have, through the principles and practice of *A Course in Miracles*, been given the Gift of Certainty through the tacit, direct, and immediately physical re-cognition that the resolution of all dreams lies in the fact that they are equally and utterly untrue. There is nothing to fear. Dreamers dream safely within the Divine Domain.

This writing is dedicated to Jesus and to the Master Teacher, whose devotion to the salvation of each and every dreamer is the power that awakens. Their guidance has led this dreamer beyond himself, safely delivering him to the Gates of Heaven and Beyond.

My eternal gratitude is expressible only in the celestial language of Love.

## INTRODUCTION

The story of *A Course in Miracles* is unfolding now. It is the Divine Plan for salvation, and it includes everyone. The lessons of the *Course* are alive. Each one is wholly capable of releasing the reader to his eternal Destiny as the Son of God. The story of the *Course* is unfolding now. Each one in time is at once the main character and the supporting cast. The story of *A Course in Miracles* is our story; the story of our escape from time...

Jesus is present with us in our transition. He is present in each and everyone, *as* each and everyone. His return is only this realization. He has left no one comfortless for He has included all within Himself. This was His Mission, and remains His Mission still. This is the meaning of forgiveness. It has been accomplished, and *is* accomplished each time one elects to join with Him. This joining is the event of Physical Resurrection. It is the event of Enlightenment, for He is Light. But one body resurrected, and resurrects still, my body, your body, and the body of Christ.

*“My resurrection comes again each time I lead a brother safely to the place at which the journey ends and is forgotten. I am renewed each time a brother learns there is a way from misery and pain. I am reborn each time a brother's mind turns to the light in him and looks for me. I have forgotten no one. Help me now to lead you back to where the journey was begun, to make another choice with me.”* (Text Review V Intro)

The event of the resurrection is an ongoing occurrence in this moment, the single instant in which the correction was made, until all fragments of the Single Whole Body of Christ join in its accomplishment. You are the resurrection and the life.

Because I have joined my will, heart, mind and body with His, I have become the redeemer of this world, which I recognize as not other than my physical self. My purpose is singular; to remain with you until you remember we are one. I support only that remembering. I am the agency for that remembering, we are that together.

It is my affirmation based on personal experience and increasingly through healing encounters with apparent others, that the resurrection is indeed physical, a transformation leading to a transfiguration of the body and world to the Light Reality that is Being in the Divine Domain.

The workbook lessons of *A Course in Miracles*, applied to thoughts with concentrated effort, awaken a physically transforming energy in the body itself, as the participants open to receive the activating agency, which is the Holy Spirit. Unconditional submission to the Descending Force, which is Holy Spirit, culminates in ascension of the mind and resurrection of its content, which is not other than the manifest body and world. This Process is ongoing; as one becomes

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identified with Holy Spirit, he becomes one with Him, and returns to the world *as* Him in order to serve as the Activating Agency. There is a Lineage serving this ascension out of time, which is the Lineage of Jesus and His *Course In Miracles*. Accepting this *Course* is the Story of our escape from time.

One final introductory idea which, though startling perhaps, is necessary to present here because it is the goal toward which the ideas contained in this writing are directed:

The bridge from time to eternity is *physical*, set in time but yielding only to eternity. It is comprised of apparently individual body identities joining in a common experience of body transfiguration. We have succeeded in stabilizing this bridge through continuous physical healing as the body frequency is raised to increasingly subtle forms. That is, we come together invoking God, increasing the vibratory frequency of our individual body memory, until a healing union occurs.

This pictures perhaps like the traditional kundalini unfolding, except that individual minds join at one of the energy centers corresponding to the body location associated with that center. One thus *becomes* the energy of transformation itself as matter is converted in this mysterious alchemy. It is clear from these encounters that the so-called “shakti” energy lying dormant at the root of the spine *includes* the physicality of *all* apparent others! Experientially, *all matter is potential energy*!

As the physical bridge is stabilized, we find that it is easier for other consciousness identities to cross it physically. We are beginning to gather on the other side of the bridge where there is only recognition of one another as light and love: a universal experience of body-form transfiguration. We have thereby

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succeeded in stabilizing what Jesus calls the “Real World”, which is referred to in this book as the *threshold identity* and which is Love.



## CHAPTER ONE

### *The Persistence Of Memory*

### **From a journal entry somewhere in time....**

*As a child I questioned authority, not because I was in any way precocious; I simply noticed incongruities in the behavior of the adults around me. There did not seem to be a common reference relied upon by all to stabilize meaning. Demands imposed upon me were haphazard at best; callous and insensitive at worst. I suffered as a child, trying in vain and with mounting frustration to reconcile an innate sense of unadulterated bliss, untarnished appreciation of existence, and a pure and infinitely delicate awareness of Divine Love with the meager offerings of human relationship, fraught with inconsistency, and utterly devoid of certainty. It occurred to me at an early age that if happiness was a measure of successful living, then I would never take advice from anyone who wasn't happy all the time.*

*I set about to construct my own world, where all was as I imagined it should be. I filled my world with objects that evoked a sense of completeness, of joy uncompromised, of love unchallenged. I built wooden structures of grand design for a six year old, and filled them with my favorite things: a baseball glove, a Tonka truck, spider man comics, binoculars, a flash light, chocolate milk. I built a wooden car in which I*

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*explored the neighborhood. Mostly, I played alone. Then I discovered Jesus.*

*I was being raised Roman Catholic, and it was the occasion of my first communion. I was dressed in a black suit, with a white shirt and tie and carrying a string of rosary beads. A photographer was taking photos of the boys kneeling before a statue of Jesus with his hands outstretched and his heart exposed, a flame leaping from his chest. As I knelt before him in that fine suit with the rosary beads strung from my own outstretched hands, looking at that figure in a posture of complete surrender, it occurred to me that whoever this Jesus was, he felt exactly as I did. In that very moment, I made friends with the one person in my experience to date who understood. From that moment on, Jesus became my constant companion. At night I talked to him, sometimes giving him permission to appear before me, right there in my room. I'd imagine him materializing in the corner and sometimes would see faint strands of light undulating slowly, dissolving only to appear again.*

*"I am not afraid", I'd say... "It is OK, I am not afraid".*

*One night as I lay in bed awake and aware of nothing in particular, the room began to brighten as if the sun was rising rapidly. A form began to coalesce within the now brilliant light. Dressed in robes and carrying a sword, the form leaned over my bed and gently lay the sword across my chest, held it there a moment, and then raised it again and holding it against his chest. He stood for a moment in silent blessing, and then faded, leaving behind in that room, myroom, a sense of wonder, deep joy, and most of all, an awareness of direction and purpose which would ripen in time.*

### **Session: Makawao, Maui... September 2004**

I want to begin, as usual; by offering you everything... you can then decide how you would like to proceed, because I will

have no idea about that.

I want to speak to you about who you are, since you seem to have forgotten. As you sit here before me, you are defined by your ideas about yourself, whatever they may be. It can be accurately said that your self-definition is the sum total of the memories contained within your awareness. Is this not so?

Now, when my mind was sufficiently purified to receive God's Grace, it was revealed to me that all memory is holographic. What that means is that all time - past, present and future - is wholly contained within every moment, or the whole of time is exactly equivalent to any of time's constituent moments or memories. This is what *A Course in Miracles* describes as a "new idea about time". You resist accepting this idea because of the habitual or addictive nature of your mind. Old paradigms are hard to break. This doesn't concern me, because time will be holographic in any case and, sooner or later, everyone becomes aware of this.

And so all time, from beginning to end, will be contained in this or any moment, or better perhaps, any memory that you choose will be this one. In this moment does time begin and end. You can look anywhere within your self-definition or package of memories, and find your way Home. Choose any memory, and your awakening, which *is* the beginning and end of time, will be contained therein. Evidence of your awakening, having already occurred, is there to be uncovered in each and every memory. Let me give you an example particular to my own time/space reference.

When I was a child, from earliest recall, I felt a profound communication with Jesus. I would speak to him each night before sleep in the way one speaks to a friend. Raised a

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catholic, I spent a lot of time in church, where my attention was drawn to an icon painted on the wall above the altar. It was a depiction of Jesus, with a dove radiating light representing the Holy Spirit just above his head. Below the icon was an inscription, which read “and the word was made flesh, and dwelt among us”.

Something about those words transmitted a feeling or knowing in my young mind. There was some connection to the “current” memory wherein which I am present as a resurrecting body. Jesus in His *Course* says “time is not continuous unless you force continuity upon it”. Jesus, the Word, is appearing here as this fleshy form, and as all form. “What you do unto the least of these...”

What I am speaking of is a Revelation, a communication from God given me by Grace. It had nothing to do with me trying to understand it conceptually. The words meant nothing to me until the experience revealed to me that I am that, and it was contained wholly within that memory. Can you feel that? I can start anywhere within my memory package and it would end right here with my resurrecting body, awakening from the dream. “All time is going on all the time”. Whatever self-reference I am living in, I can find the truth of my own reality contained within it.

I am beginning this talk by offering you everything; this is what I do. I am offering you the entirety of your memory package. Nothing need be given up; no sacrifice is required. You are at Home in Heaven dreaming. You are at Home remembering your awakening. You are whole and complete as God created you, and each of your memories will show you that, if you are willing to remove the obstacle of your own

judgment, nothing else need to occur. This is the event of your awakening.

The reason I know this is true is that I am here. I am here in this memory, and if I am here then you must be awake along with me. It is simply true. It has been accomplished. You deny me by perpetuating the circumstances, giving them meaning based upon the limiting ideas you hold about yourself. You need help. You need me to remind you that each moment is discrete. Everything you need is here and now. You begin here and now to access your memories, isn't that right? You must begin in this moment, which is the only moment there is. This may seem like some psychological game, but I assure you that it isn't. I am speaking of Reality. Your reality is not your space/time identity.

I want to offer this to you. Look around at what it is that you perceive. It is flat; It is two-dimensional. When the energy begins to rise in you, it appears as if you cannot express that much energy in this place. All of you have had this experience. Even those of you who fancy yourselves as free, have had your energy shut down. You find yourself in a blissful ecstatic state and you want to express it, and then something arises (judgment) and you feel shutdown.

If you look around, you will find that no matter what set of circumstances you find yourself in, this place is energetically flat. It is like looking at a two dimensional imagery within a holographic universe. You are projecting a two-dimensional image of yourself onto a holographic universe and you wonder why you aren't free. I am speaking in my own language here and you can tell I have gone lucid, speaking from the light of self-recognition.

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You can tell that it is flat because people are walking around pretending, they are not allowed to be wholly themselves. What is it about this place that you are not allowed to express yourself freely? In the moment your body is wholly activated by Grace, through the emergence of a whole memory of yourself which is an ecstatic self recognition, your chakras start spinning madly and you feel about to explode with joy. In that instant, where can you go to express yourself, to be wholly free? Where is that allowed here? It is not allowed here. You can do it to an extent, but never wholly. That is just a simple fact ascertainable by self-observation. Are you doing it to yourself or is the world imposing its laws upon you?

Brother, you are the laws of the world. The world around you is you inhibiting your own freedom. This is what the transformation of your mind through Jesus and his *Course In Miracles* reveals to you. There is no love -which is unbounded freedom- in this world, the world is your denial of love. That needs to be understood. You condemn yourself to a temporal (dream) relationship, become fearful, and literally no longer exist. You go off the map; you quite literally pop out of existence.

There is nothing there, because fear is nothing. That state of mind does not exist. Your condition is not real, and now I am into the demonstration of increasing frequency. Now I am down into it teaching you, finding you, and there you are. This place where you find yourself is generated by fear that is the denial of love. The relationship you have with whatever you think is around you is generated and maintained by a lack of love.

Q: Is it possible to love another?

The love you are speaking of is only attachment, which is fearful.

Q: But we get glimpses of God in loving another.

Tell me what happens when that occurs? You are obviously not willing to be honest here. Anyone could tell me what happens when the situation he has just described arises?

Q: We attach, we want what brings us that, and then it goes away and we feel betrayed.

Do you see that? You have just described your own holographic memory. The entire teaching is contained within that one memory. Good for you! You looked all the way through the memory of being in a loveless place, gathered an association of memory patterning, and carried it home. Mission accomplished.

You are constantly clinging, trying to hold on, trying to make it real; this is the process you are engaged in all of the time. There is no hope for you. Abandon hope. All you do within that pattern as these things arise is “I have got it, I do not get it”. You never get it!

Q: You get the glimpse and you appreciate it and then it is gone? And then, what? Is that ok with you? As long as it is, you will just continue in that process. Those of you willing to take the next step, from the *Course* now, this place, this world is an attempt to change love, to alter the UN-alterable. This place, which is arising in your mind, is an attempt to change love into what it is not. You cannot love and be separate at the same time. This is only child’s play. Everyone can see that.

Q: You never speak of the emotional body, why not?



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There is an emotional response associated with attachment, is there not? I love this thing, I hate this thing. It generates an emotional response in me. That response is not different from reaction or judgment. I never make a distinction between the so-called emotional, mental, and physical bodies. Each is generated by fear. You have but two emotions, Jesus says, *love* and *fear*. What is not love or wholeness is fear or separation. When you are fearful, you do not exist. That makes it easy. Healing is whole body opening without attachment.

Let's look at lesson 127, which will address this tendency to search for love where it cannot be found.

ACIM Workbook Lesson 127: "There is no love but God's"

*"Perhaps you think that different kinds of love are possible. Perhaps you think there is a kind of love for this, a kind for that; a way of loving one, another way of loving still another. Love is one. It has no separate parts and no degrees; no kinds nor levels, no divergences and no distinctions. It is like itself, unchanged throughout. It never alters with a person or a circumstance. It is the Heart of God, and also of His Son."*

Did you hear that? It never alters with a person or circumstance. Is that your experience in this place? Then why do you insist on locating love here? Hmmm?

*"Love's meaning is obscure to anyone who thinks that love can change. He does not see that changing love must be impossible."*

What is the self-concept? Is it an "evolving" identity? Impossible!

*"And thus he thinks that he can love at times, and hate at other times. He also thinks that love can be bestowed on one, and yet remain itself although it is withheld from others. To believe these things of love is not to*

*understand it. If it could make such distinctions, it would have to judge between the righteous and the sinner, and perceive the Son of God in separate parts. Love cannot judge. As it is one itself, it looks on all as one. Its meaning lies in oneness. And it must elude the mind that thinks of it as partial or in part. There is no love but God's, and all of love is His. There is no other principle that rules where love is not.*

*Love is a law without an opposite. Its wholeness is the power holding everything as one, the link between the Father and the Son which holds Them both forever as the same. No course whose purpose is to teach you to remember what you really are could fail to emphasize that there can never be a difference in what you really are and what love is.”*

Did you hear it? You are what love is, and yet you feel deprived. What could that be except denial of God?

*Love's meaning is your own, and shared by God Himself. For what you are what He is. There is no love but His, and what He is, is everything there is. There is no limit placed upon Himself, and so are you unlimited as well. No law the world obeys can help you grasp love's meaning*

Did you get it? You are wasting your time.

*What the world believes was made to hide love's meaning, and to keep it dark and secret. There is not one principle the world upholds but violates the truth of what love is, and what you are as well. Seek not within the world to find your Self. Love is not found in darkness and in death. Yet it is perfectly apparent to the eyes that see and ears that hear love's Voice. Today we practice making free your mind of all the laws you think you must obey; of all the limits under which you live, and all the changes that you think are part of human destiny. Today we take the largest single step this course requests in your advance towards its established goal. If you achieve the faintest glimmering of what love means today, you have advanced in distance without measure and in time beyond the count of years to your*

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*release.*

Your willingness to abandon hope of salvation within the context of the world brings about a bright re-association of yourself wherein you realize ecstatically that you are not from here.

*Let us together, then, be glad to give some time to God today, and understand there is no better use for time than this. For fifteen minutes twice today escape from every law in which you now believe. Open your mind and rest. The world that seems to hold you prisoner can be escaped by anyone who does not hold it dear. Withdraw all value you have placed upon its meager offerings and senseless gifts, and let the gift of God replace them all. Call to your Father; certain that His Voice will answer. He Himself has promised this. And He Himself will place a spark of truth within your mind wherever you give up a false belief, a dark illusion of your own reality and what love means.*

God answers in a form you can understand, and are not fearful of. His Voice is specific; each hears according to his willingness to hear. Communication is love; words as such do not matter, and are merely symbols of what has already been wholly communicated: *Love*. The fearful have merely forgotten how to communicate. You are going and coming all the time, bearing Love's messages. For you it is a simple matter of remembering. Having remembered Myself, I am here to help. Having looked at confusion, there is no way to get out; there really is no way to sort it out. There it is, there is the opening:

“I am confused and I do not know what to do.”

What these sessions reveal is the fact that you are confused all the time. Essentially this is a confused state. You cannot quite put your finger on it, something is wrong; there is an ache, its

never quite right. You look around and everyone seems to have it together. It is these you idolize, only to discover that they do not know what the hell is going on either. They do not know either, they only pretend to know. They cannot help you. No wonder you are afraid.

The light that I bring, the light that I offer is given me by grace. The love that I bring is from God. The light that I bring is the light that was given me, which I realized by Grace. In a very real sense I am simply looking for those that will hear; those that are ready to receive. Not everyone is ready to receive and I am not concerned about that. You are here now with this light; you are here now with this love that I have been charged to give away. I have been charged in a very real sense to give it away. Thank God, thank God that it is so.

There is no other hope for salvation in the world. Do as I do. Let us pray together:

Father, Your love inspires all miracles. Love and Light are the same. Show me that I am your true light bearer. That I have from the light returned, with the light, which is the memory of how to escape the darkness of denial. Reveal to me that my escape is assured. Let me realize that there is no death and nothing to fear, as I undertake a journey whose ending is as certain as You.

I am the mind that believes it is contained within a body; you are the unbounded Love wherein my mind resides. I am but imagining opposition safely at home in the unity of your Love. It is only shadows I see. It is my mind that gives them life. Father, I grow tired of foolish games. Reveal to me your presence. Fill me with the Light of your Love. Dissolve this futile resistance once and for all. Come to me Father, I am

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ready...

A lot more goes on than appears to. The process has a life of its own.

Two words arise as a distillation of my entire teaching. Are you ready? Two words, this will be easy:

Die laughing! Die laughing! I die daily.

Die knowing full well that you cannot die. Sacrifice yourself to the Truth...

Thank you all.

## CHAPTER TWO

### *The Escape From Concepts*

From the beginning, I always listened to Liberty. We met in Woodstock, New York, where I had retreated after a second failed marriage, and to where I had hoped to retire from the mainstream and its foolish and ungratifying roles.

I had long been tormented by the meaningless chit-chat of people preoccupied with small-talk in order to avoid looking at death. In a sense, I was committed to dying; that is, I was determined to find an answer that “life” as I perceived it simply did not offer. It was as if I was being driven by a force unseen, a potent and knowing force that was not the least bit concerned with circumstances, but only with some still unrevealed yet obviously unfolding design that I was only beginning to grasp. The moment I saw Liberty, I knew that she was somehow aligned with that unfolding.

The attraction was much more than physical, although I became immediately aware of a peculiarly intense burning sensation below my abdomen that I had not known before. For the first time since an LSD induced loosening of consciousness in my early teens, I had an inkling that the play of my life was

being choreographed by a power far greater than my meager attempts to finesse experience.

It was as if Liberty had been waiting backstage for her entry in the theatre of my conscious awareness. I had an intuitive understanding of this, although a part of me was trying, with great vigor it seemed, to undermine that understanding for reasons which would be revealed later on in the performance.

My time with Liberty would never be tranquil. The very first act she performed was to introduce me to the earth shaking energy field of *A Course in Miracles*. The moment of this occurrence is highlighted in my awareness as perhaps the crucial marker in the emergence from my dream. It was the very moment when I turned and faced the Light and saw with absolute clarity the direction in which my life was headed.

We were standing in the small cabin in which I was living in my inadequate attempt to escape the world. She had a book in her hands which she was cradling with obvious reverence. The book was well used, with bookmarks of all kinds: tissue paper, sugar packets, aluminum foil, even pieces of grass, protruding from nearly every page. It was obvious she considered the entire book worthy of remembering. She laid the book gently on my bed saying, "Have you seen this?" The moment seemed charged with energy as if the heavenly host were looking on, peering over the balcony at the perimeter of time. I picked up the book and opened to the first page. What I read was this:

*"Nothing real can be threatened. Nothing unreal exists."* I was struck by the authority of the statements. They were true by virtue of that authority. In other words I was looking through the vaporous seeming; peering directly at the source of the words, recognizing *it* as True.



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I closed the book and placed it on the bed saying, “Yep, this is the real thing.”

In that moment, I recognized a motivation in me that I had not been willing to look at before. In that moment I admitted to myself that despite my spiritual patina, I was not quite ready for the real thing...

### **Session: Endeavor Academy, Wisconsin. Spring, 2006**

One need only submit to this energy of undoing. With practice, fear is transcended, and the Light is realized. Practice, practice, practice...

I consider you all here to be advanced student/teachers; advanced in the sense that each of you, to a greater degree than most, is relying upon an alternative that is not of your own making. Each of you to some degree has realized the benefits and rewards of such submission or reliance, and that experience has authenticated itself in you. In other words, you can hear me. You are experiencing that of which I speak. You have become aligned with it. The process, the undoing, has come alive in you. Your awareness of it makes you advanced.

It is, of course, unfolding for everyone, because it is a universal occurrence. The benefit for you is that you are less and less likely to resist the process as it unfolds. You are conscious of the process, and are submitting yourselves to it rather than obstructing it. And if you do resist, your resistance is short-lived. You have become aware that the purpose of the undoing is to relieve you of the burden of the self-concept, and

to reveal all of those hidden places where the tendency to fabricate a false self lingers still.

And they become more and more subtle. They become increasingly tenacious until you discover, with humor, their chronic source, which is your addiction to limiting relationships. I remember when this discovery arose in me spontaneously one morning while I was preparing for session. I threw my head back with laughter as it occurred to me that the reason there was no conflict between the world and I, was that the entire world was a limit I was placing upon myself! Where is the conflict in that?

If you seek for resolution in the world, it will inevitably let you down. Why? Simply because the world but symbolizes your own unwillingness to resolve the non-existent dilemma! There is no wisdom in the world. There is nowhere to search within its context to find the solution.

Q: So the world is crucifying me?

Better, the world pictures self-crucifixion. Let me give an example. I have just completed what can be described as a cycle, which is like a circuit that includes representative or symbolic associations in time, a gathering of those associations, and an escape from the space/time or dream construct. As I have said, I have just completed a circuit, and all of you were very much a part of that circuit, that is, you have escaped along with me, although you may not have a context within which to understand the occurrence.

Now at the completion of it, the encompassing realization was/is that, simply stated, no concept is ever true. No matter how profound, it is still only a hindrance to the realization of

truth. Concepts are designed as distractions, obscuring the truth, which exists prior to their superimposition. What you discover in the end is that the “*shadow figures*” that Jesus speaks of in the *Course*, are the self-concepts that surround you as you people your world. These figures are what prevent the realization that you are not from here, that time and space is not your home. The figures are literally projections of your own denial of Reality. What you see in the process is that you are wholly responsible for them. Nothing more, but also nothing less.

Let me give an example from my own associative dream experience, which by the way represents all such dream associations. What I saw in the conclusion of this last cycle occurred for me at a conference of self-styled pioneers in consciousness research. These are all the physicists, the “what the bleepers” who believe they have a conceptual understanding of what reality is. Here they are presenting what they are calling a new paradigm, which is nothing more than the same recycled ideas that have been around since the beginning of time. They have simply applied a fresh coat of paint and claimed responsibility, calling it their own, thereby missing the experience about which they speak. Why? Because they insist upon retaining the self-concept. Because they are not the authors of reality. They did not make themselves. Each of them in their own way attempted to bring themselves to truth, insisting that God, the source of all things, recognize their contribution to Reality.

Now much of what they said was very attractive. You have seen the movie; the concepts attract your attention as something worthy of consideration. The fact of the matter is that in the end the concepts have no value whatsoever, only

their implications have value. When the implications consume you, the concepts are dissolved. Reality is not an idea about itself, Reality is itself and you are that.

*A Course In Miracles* teaches this as self-concept vs. Self. You are not what you have made of yourself. You are not the concepts that you retain about yourself. All such concepts are false. So in the end, and this is how the cycle ended for me, I looked around and saw that even among the more advanced practitioners of conversion of dark matter, the light bearers, there were those who were lauding these perhaps brighter concepts as if they had value in themselves.

There came a point for me when it became absolutely unbearable. There was so much energy moving through me that I literally could no longer contain myself. I saw clearly that these concepts were denying reality in a form that was somehow attractive even to those who were in an advanced recognition of truth. Truth, however, is an all-or-nothing proposition. There is no hierarchy of conceptual relationships. *No concept can stand for what Reality is.* The Real Alternative will always reveal itself as a negation of concepts. That is exactly what the alternative is. It will always say to you “not this”. It will always reveal the fact that Reality is not a concept.

Q: What is the transition from conceptual mind to what the concepts point to?

Jesus reminds you if you look up, you will literally step out of this world and all your concepts about yourself will return to the nothingness from which they arose. When the cycle ended for me, this is exactly what occurred. I stepped out and the concepts were gone. I am not bound to this world and neither are you. Jesus says, “If you choose to, you can depart this world

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entirely". When I stepped out I found myself within the frequency of association which is self- evidently beyond, yet inclusive of, the illusion altogether.

This frequency is what I refer to as the *threshold identity*, which is Wholly Spirit, wholly encompassing and communicative. It is a perspective of inclusion, which is healing. It is the goal of the mind-training program of *A Course in Miracles*, and it is an EVENT in consciousness.

Remember this and you are free:

You are not separate from the thoughts in your awareness. This is true of both the manifest and the un-manifest, for whether or not they are within the range of the senses, somewhere in the universe, all of your thoughts have taken shape. What you perceive as your brothers, are but thoughts in your awareness, and these thoughts are not other than what you are. To see them as other is to crucify yourself. To recognize them as not other than yourself is forgiveness and the resurrection. To see them as other is to justify attack in some form, and conflict and stress are the inevitable outcome. To remember your brother, is to free yourself of the burden of maintaining an alien and artificial distinction in your own whole mind. The mind at one with itself ascends naturally unto its Source, for there is no self-imposed obstacle to prevent it from doing so.

From Jesus:

*"The whole reality of your relationship with Him (God) lies in our relationship to one another. The holy instant shines alike on all relationships, for in it they are one. For here is only healing, already complete and perfect. For here is God, and where He is, only the perfect and*

Josh

*complete can be.*” (Text 17 IV. 16.7-10)

## CHAPTER THREE

### *The Workbook Heals*

*“If thine eye be single, the body will be filled with light”*

***Journal Entry, Thursday Dec 11, 2003:***

*I sat down to meditate as usual. I closed my eyes and immediately felt movement at the base of the spine. It was as if an eye opened at the root, and a living presence revealed itself. An active energy began to move upwards, and the now familiar undulating movement of the body began. I spoke aloud: “Only You Lord, only You”. With this, the energy intensified and moved upwards into my head.*

*I realized that the more my thoughts were in alignment with Reality, the more intensely the energy moved. I saw that the energy (Kundalini/Holy Spirit) was teaching me to discern truth from illusion in this manner: Whenever a thought arose which denied the experience, the energy (and associated bodily movement) subsided; when a thought arose which supported the continuing process, the energy intensified. And so by aligning myself in this manner, I moved through increasingly brighter vibrational frequencies.*



**“Kula, Maui...The story of a miraculous healing and resurrection using only thoughts, and the workbook of *A Course in Miracles*”, Winter 2004.**

“The Workbook heals” I remember the moment when the thought occurred to me as I was preparing to go to Holland to teach *A Course in Miracles*. It was in the early days. The statement was a matter of fact, beyond consideration: The Workbook heals.

I used the Workbook in “interactive” sessions in Holland, practicing together in order to “get to the other side of the lesson”. With determination, there was some textural change, and movement toward the Light.

Years later, I would know the experience of being lead wholly out of the darkness by the Master Teacher. In that event, I understood that the entire world had awakened with me. When I returned, I was sure that I would be able to transmit the experience quite easily to whatever residual denial I was apparently returning to. But this was not to be the case.

I found that my certainty wavered, and although I was able to navigate self-awareness to a brighter self-recognition, I seemed unable to lead an apparent other all the way out. I was aware that this had to do with residual self (and not God) reliance, and so I returned to the Workbook. In my meditations, I began to open to the responsibility of demonstrating as Jesus does, at that frequency of association.

A few days ago, in a session with the Master Teacher, I opened to receive a transmission, which would bring profound humor to the entire “process”. After leading me to the light, the Master spoke of my need for a “cue”. He then spent some time

riffing on cue sticks, chalk, and the game of pool all for the benefit of imbedding the idea in my awareness.

Yesterday, a student of mine who has been preparing himself for a healing through intense desire for God as well as a profound love of Jesus, agreed to meditate with me in the manner in which I use in my personal practice. It occurred to me that in order to make it interactive, we would use the workbook lesson for the day, "*My holiness is my salvation*".

We sat quietly for a moment, and as a preparatory gesture, I spoke of trust, and expressed my certain knowledge of the path out of the body through the various levels of distracting thoughts and ideas, and on to the doorway to heaven. The associations name is "Q"...We have been friends for a number of years, and I have always known him as one of my own. I remember countless temporal cycles together, usually within the context of our mutual love for Jesus.

We proceeded in this manner: I opened the workbook to the day's lesson and we read it aloud together. We then closed our eyes and repeated the thought for the day. I explained that the lessons were far more than words. There were in fact, **portals to the Light**. Each and every lesson leads to heaven, because the source of the idea is home in heaven. One literally follows the thought to its source: Jesus, and finds himself at one with him. This is the esoteric meaning of the statement "I am the vine, and you are the branches".

I spoke aloud: "It is the thoughts that you think apart from God that prevent you from seeing the light. This thought, "*My holiness is my salvation*" is the correction for your mistaken ideas about yourself. Use it whenever a thought of your own arises. Simply replace it with this thought."

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We began slowly, repeating the idea. I began to ascend in frequency in the manner that I have grown accustomed to. I described the ascent aloud to “Q” in this way: “Jesus is the vine and the vine is Light. You are among the branches, and the branches are in darkness. In order to reach the Light, the decision for the Light must be made whenever a choice arises. The choice arises whenever a thought that leads to body formulation arises in awareness. You must practice intensely, seeing the thought and converting it by replacing it with the idea for the day. In this sense, you are always at a juncture of two directions, one leads toward heaven and salvation, and the other down into the world and to a dead end. There are no idle thoughts. Follow me to the light. Practice with me.”

As I ascended into brighter self-definitions, I was able to track “Q”’s thoughts easily, and noticed where they were leading him. When the idea was nothing more than a concept, or when his mind wandered, I noticed no movement. I then asked him to repeat it again.

It was an intense session lasting for hours. At one point he said, “I feel a knot in my stomach” I recognized this as nothing more than attention being diverted to the body when faced with the Light Alternative. In other words, the knot was simply an effect of the unwillingness to continue. I placed my hand deep into his belly, the tension of the skin gave way and I was able to reach deep inside to the cause of the knot, which I recognized as addiction to finding satisfaction in the body. We were beginning to merge physically. “That was just your tendency to rub your balls.” I said aloud. “I am going to rub your crown instead”. I laughed and dusted the top of his head with my palm. I saw my own addictive pattern reflected in him and knew in an instant that what I was beholding was but an

out picturing of my very own limited self-concept. The knot dissolved and we continued.

The light of self-recognition grew brighter for “both of us”. Whenever he caught up with me, I would apply the lesson myself and the energy would lift me further out. This translated into the familiar undulating kundalini style movements of the body. The ascent continued, and I soon lost awareness of the body altogether. Along the way we switched bodies numerous times, and it eventually became impossible to perceive a difference between us. There was a profound sense of peace and freedom and a delightful mutual recognition of the illusion of body- form.

After hours of conversion in this manner, we reached the familiar place of one pointed desire for God, expressed perhaps as “knocking at the door”.

*And now as we stand together at the doorway, there is one awareness, joined in the single intent to awaken; nothing left but the Son calling upon the Father. This is the journey's end. This, as I have come to know, is where the gathering is occurring. The advent of the “Great Awakening”. “Now you know the way”, I said aloud as the descent into time began, “you can never again be lost. The path is emblazoned in your mind.”*

**Partial transcript of the session: Josh and Q together “My holiness blesses the world.”**

Josh: What are you thinking?

Q: There is a knot in my stomach.

Josh: OK, the knot is a block, and the block is nothing more

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than where it is you are holding on. In other words, it has no substance. You are presented with a thought of God in the form of your wholeness, and the response is a physical sensation. I am offering the Light of the divine, and your attention is drawn to the physical. That is no mistake, do you see? I am attempting to get you to tend toward the Divine, and your tendency is to tend to your testicles. That is a joke... It is like this, I am attempting to follow a pathway in the mind, and I am trying to get you up to where you see that everything is thought, not physical at all, that all of your ideas about form are only thoughts. They are not solid. Thoughts generate form, but they are not form in the sense that they are concrete. And so it is with your thoughts that we are concerned. I am trying to get you up onto the playing field and your tendency is toward the body... You are not that body.

I recognize this as my own tendency, as the knot in my belly. (Placing my hand on his stomach) It is the same for me as it is for you. The difference is that I have transcended that tendency, I have moved beyond it. I am trying to draw you out. It would be sufficient for you to trust me. If you trust me you will follow me. And we can transcend this knot together... The level of healing is the mind. The breaking of the knot occurred in the mind do you see? Not at the level of the body.

Q: Yes...

Josh: So here we are again, where are we...?

Q: My holiness blesses the world...

Josh: We are in holiness. Now Q, are we in holiness conceptually, or are we in holiness for real?

Q: For real

Josh: What does for real mean to you?

Q: Bright, permanent, lasting...

Josh: What do those words mean? Now remember, you can stop anywhere along the way and apply the lesson whenever you tend toward concepts. You used the word bright, what does the word mean? (Silence)

There you are again, at the crossroads. You can apply the lesson, but instead you are trying to go your own way, to find meaning on your own. Come back again, back to the word bright. What does it mean?

Q: My holiness is my salvation...

Josh: It doesn't mean anything, again.

Q: My holiness is my salvation.

Josh: Again

Q: My holiness is my salvation

Josh: Again

Q: My holiness is my salvation, my holiness is my salvation, my holiness is my salvation....

Josh: Better, you only need to say it once...

At this point the energy begins to move through my body, as I repeat the lesson aloud with Q there is a marked increase in kundalini energy and the body begins to undulate rapidly. Light pours into the head.

## CHAPTER FOUR

### *The Illusion: The Perception Of Differences*

### **Journal entry: Kipahulu, Maui... February, 2005**

*I sat to meditate under an almond tree, and the energy immediately began to move upward from the base of the spine. The movement was initially fierce, and the breathing rapid and deep. I spontaneously realized that the energy could be "tuned" much like the tightening of a guitar string, a pitch adjustment perhaps, and the undulations settled into a rapid and high pitched movement which immediately settled the nausea I had begun to feel. This made me profoundly happy, as the threat of nausea had often discouraged me from entering this state.*

*The breathing became deep and rhythmic. There began to arise in consciousness the thoughts which led me to this place. All of my memories arose spontaneously and were revealed to be a perfect symphony, working together flawlessly to reveal the truth of who I am... I saw with clarity how the entire history of man was only a play of thoughts in my own awareness. I saw that all past events were my own including the enlightenment of the Buddha and the death and resurrection of Jesus. There was only a single universal experience of awakening, and it was my own... thoughts and experience were the same, and there was no thought that was not my own.*



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*Temptations arose and took shape physically before my eyes: an attractive woman appeared along with the impulse to associate and I refused to yield in the form of "only You Lord". Fear arose in the form of threatening sounds and I stood fast in the resolve to continue... finally a moment of profound silence. This was not the exalted state I had become accustomed to, only a place where neither thought nor impulse to think arose.*

*I was vaguely aware of the body as something quite apart, my awareness seemed to be centered somewhere in the heart's region. I spontaneously began to call upon God. "Father", I said over and over and then "into thine hands"...quiet, and then this: I remained in the heart's realm, and felt a descending force...there was no resistance to this force, all resistance was simply gone. The force gently and firmly pressed my awareness down INTO THE BODY! I sat quietly a moment, then slowly became aware of numbness in my feet (I had been sitting lotus on a stone table)....*

### **From A Course in Miracles: Workbook Lesson 262**

#### ***Let me perceive no differences today.***

*Father, You have one Son. And it is he that I would look upon today. He is Your one creation. Why should I perceive a thousand forms in what remains as one? Why should I give this one a thousand names, when only one suffices? For Your Son must bear Your Name, for You created him. Let me not see him as a stranger to his Father, nor as stranger to myself. For he is part of me and I of him, and we are part of You Who are our Source, eternally united in Your Love; eternally the holy Son of God. We who are one would recognize this day the truth about ourselves. We would come home, and rest in unity. For there is peace, and nowhere else can peace be sought and found.*

## **Session, Mataró, Spain... Summer 2007**

Everything that I am offering as a demonstration is an attempt to direct your individual consciousness to a disposition or a way of being which is all- encompassing and therefore guiltless and free. When you recognize that everything that is arising, everything that appears to be occurring as an experience: all events, associations, circumstances, and relationships; arise from that disposition, you stand free. In other words, you are free because you are the cause of what you see, and everything that I teach directs you to that way of being.

Now it should be evident that this is an individual matter. It is entirely up to you. Everything is arising within the context of your own awareness. Now we can look at, for instance, the ways in which you demonstrate what you are in association with that context, which is Reality, and which is God. No one is judging these things. There is no possibility of judgment, because everything is arising from that same source or context. We share the same Source. And so it does not really matter how anyone chooses to associate with that Source, or how one utilizes that Source in order to demonstrate oneself. No one is judging that. The only one who can possibly judge it is you.

You tend to compare yourself with another formulation or another way of utilizing the same light. You are beyond compare, and this will move into today's lesson. *It can only be myself that I crucify.* The way that I crucify myself is through comparison. There is no one else. There is no way to get to anyone else. All forms of expression, the very act of raising your hand for instance is exactly as profound as writing the

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Ninth Symphony. And I mean, exactly as profound. There are no differences. Being able to laugh is exactly as divine as painting a masterpiece. Every breath you take is drawn from that Source. A simple breath is divine.

What I am attempting to do is to bring you into an ecstatic association with the Source of you. Even now, you all are in a blissful relationship with the Source of you, with your Creator, you simply have forgotten. And you have forgotten by comparison, or disassociation. You can simply sit, take a breath and remember God. Ultimately, that is exactly what you do. You take a breath and you remember God. And from there, you can do anything. When you reach that place, then everything that you do will make you happy. You will walk down the street and you will be ecstatic. It will be the same as painting the Mona Lisa.

You are timeless work. You are eternal, exactly as you are demonstrating yourself in this instant.

What do you do? You offer yourself to God in an ecstatic relationship in celebration of his causation. You offer yourself back to Him, as His creation. It is what Creation is in fact. It is an exchange of Love. God is not making the comparison. Love makes no comparisons. He loves you, just as you are. Jesus provides you with ideas from out of time which he weaves together into a tapestry of Light. Here comes another one: *thoughts leave not their source*. Do you see? Only my thoughts can injure me. It always comes back to you as source, and simultaneously to God as Source.

All of these thoughts fit together. You cannot be source apart from God because God is the Source of everything. And you are not separate from That. So we do not care how you express

yourself. Everything will be a divine expression. You cannot separate yourself from God. You need to re-learn this, because you have spent so much time dissociating from it. You have been a long time in this comparative identity, with layer upon layer of comparisons. And now all of that must be undone.

All I am is the Light of God. I do not have a comparative identity. I have no talent. My talent is to listen. I am good at submitting. I am good at listening. I was an adolescent once, rebellious and unwilling to listen, and even that is a divine expression. I have two adolescents, and I watch what they are going through, and even though it appears to be dramatic, I know exactly how it resolves. It is inevitable that it will resolve in submission. The thing about adolescents is that inevitably they surrender. And you can look at it and laugh. It is just a phase. It will pass. It will culminate, and this is your present demonstration, in letting go and letting God, and thereby re-discovering a way of being that is surrendered and free.

And as you begin to associate with one another in a free disposition, it does not matter what you do or how you do it, it only matters that you are sharing the freedom. And you delight in one another. You love one another. You love the imperfections. You love the particular forms of expression. You are not concerned with the expression; you love the expression because you recognize the light. I love your imperfections because I see only the light in them. I see the light that you are using in order to express yourself. And we begin to communicate at that level.

And now, we come to the transitional idea: the physical vehicle itself ultimately becomes obsolete. It no longer is the focus of the attention. The attention is fixed on the light, and

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not on the formulation. The formulation does not matter and what does not matter falls away. Attention animates. If you are paying attention to a formulation, you are animating it, giving it life. If you are paying attention, it will remain because you desire it. It will still be a form of divine expression; it just remains static in your awareness, because you are animating it with the light of your own mind. And again no one is judging that.

This will be true of anything that you do as a human being. It does not really matter. And this is what salvation is. This is what enlightenment is. None of that really matters. It is only light, only a utilization of the light, and a modification of the light. What is wrong with the ego? Nothing! It is only a tendency. The ego does not exist! There is only you saying “I have had enough of this form of expression”, and want to move into another way of being. You are not other than what God is. And it could take any shape for you individually as a Son or Creation of God. You are not a dreamer; you are actually God expressing Himself at this frequency of association.

You are dreaming your universe. All of you shamans out there... you are dreaming this universe! You are animating this entire universe. And everyone is here fighting for space, when you are an entire universe. There is no one out there; these figures are all just reflections of thoughts in your own mind. You are an entire universe! You are already Holy Spirit. You are doing that in order to reestablish association with God. In order to say I am free to do what I please in association with God, including remembering who I am, and leaving here.

And that is my suggestion. Remember who you are and

leave, and then you can decide whether or not you want to return. Simply allow all of this to reconcile in you at the threshold. Forgive the world and go home. Then you are in a better position to help, having remembered who you are. You can then return, bringing that memory here. I know who I am, and all that I am doing is bringing that memory into a place where it has apparently been forgotten. I know it is impossible, but you seem to have forgotten, and so I have come to remind you.

You are all there is. You are the ruler of this universe, altogether. The only problem that you have is bumping into the next guy, and you do that by comparison. You say, “This is my turf”. “I can do it better than you”. You do this in order to establish that this conditional idea is what you are. No one really cares. You will tire of it. You will tire of comparing yourself with someone else and you will just be yourself. You come out of the closet. And what you realize is that you are both the cause and the effects. You become little more mindful of how you associate with yourself, and your universe tends to become more loving, more divine than its ways.

This is a school; it is called the Earth school. And you learn to love because you learn that love is what you are. You correct the mistake that you made, by aligning yourself with the correction. It is a self-correcting system. This universe of yours is self-correcting. You discover that whatever you put out you get back in equal measure. “I am doing this to myself, I better be a bit more considerate.” Stop comparing yourself. The entire universe is yours. *You are the light of this world.* You are the light in your own dream, and you are learning to love yourself. When you are wholly aligned with love, your effects become your creations of light. When Jesus says love your neighbor as

yourself, he means it literally. You love your neighbor because he is you. And that is how you remember who you are.

I look and I see only the light of your self recognition. It is all divine. What will happen ultimately is that you as a self-concept or human condition will evolve to the light of self recognition. You will no longer be confused by the effects of your own mind. You will recognize yourself as source, and you will no longer be a confused creator. Right now you are creator, but you are a bit confused. You have diminished or diffused your power. What you discover is that causation is singular, that all power is of God. And then there will be no confusion.

*A Course in Miracles* is a clarion call. A call is going out. Align yourself with this light, so that you can enlighten your dream. You are saturating the world with your light identity, and you will begin to have an effect on everything that is around you. Everything begins to resonate with your new field of energy, as your dream identity begins to vibrate at a higher frequency. As your universe begins to ascend to the light of Reality, to return Home, other parallel universes begin to resonate or vibrate in synchronicity with yours.

We are looking for those who are ready to allow their world to be animated by the light of God. You are resonating with this frequency of light identity simply by exposure to it. And this is what we are offering you now as a function, as an agency for the increase in vibrational frequency.

Now these are ideas. These are light ideas that are being woven for you into a cohesive thought system that will assist you as you save your universe. You are on a great adventure here. Enjoy it! I am here to help you save your universe. Have fun with it, but do it on behalf of God. A whole body disposition of

submission to the Will of God is the only requisite. Yes, everything that you are is given to God to be used on his behalf. I am here on behalf of God. That is why I am here. There is no other reason. “But, what about my practical concerns?” Repeat it. *I am here on behalf of God.* Do you think that God will not provide you with your practical concerns? *He knows what you need before you even ask for it.*

The light is present, and it is the resolution to your apparent dilemma. What you see in light is that everything that occurs is miraculous. Stay focused on the light. A happy dream is animated by God, and today's lesson will help you find the place where that occurs.



## CHAPTER FIVE

### *The Awakening: Your Inherent Capacity To Transcend*

**From a Journal Entry: Hana, Maui September 24, 2003**

*...I called the Master Teacher and he immediately assured me that I was undergoing the process of awakening from my dream... when the light filled my head again, I asked if he was with me, and he assured me that he was... I moved through what can best be described as a life review, moving very rapidly backwards from present day through the early years... scenes and people arose in consciousness, and I felt a tremendous love for everyone in my life... everything appeared as vastly synchronistic, with all the experiences of my life somehow leading me inevitably to this profound occurrence...all the while I was overcome with a sense of profound love and overwhelming gratitude for the master, and frequently shook ecstatically, exclaiming "I love you, you are so beautiful!"... in these moments he simply calmed me with a profound tenderness, and the process continued... at last the master said that I was nearing completion, and in this moment I felt myself moving through a birthing process and with one final release emerged into an unbounded feeling of radiant bliss... I remained in this state for some indefinable period, and was shown marvels impossible to describe.*

**From a note to a friend:**

*Once in a tender moment, you asked me to describe love and I answered "infinite acceptance". Love does not waver as circumstances rise to challenge it. It does not respond at all. It simply remains what it is.*

**Session, Mataró, Spain... Summer, 2007**

As an enlightening vehicle, the *Course* opens the door to higher or increasingly subtle perception. While it is evident that the perception of gross physical matter is limited, what is perhaps not so evident is that the perception of gross physical matter is a choice. One can just as easily choose a more subtle perception simply by opening the mind to it. This open disposition is the doorway to higher frequencies of association. In the course, Jesus refers to do this open disposition as miracle mindedness. Every time the mind opens to a higher frequency, the miracle of a shift to a more subtle perception occurs. Now by more subtle, I mean more encompassing, more whole. The process continues, until the mind becomes aware that it itself is the source of the shifts.

Now, when the light is at a particular frequency, it is appropriate to come back to the fundamentals in order to fortify the foundation of the transitional identity.

Each of you is an active demonstration of the inherent capacity to transcend your condition. It is built into you as a consciousness identity. You are aware of some form of identity, and that very awareness of yourself entitles you to this faculty. Each of you has it. And each of you in fact is demonstrating it right now. You are demonstrating the ability to overcome

whatever conditions you find yourself in.

No one really hears this, of course, because when you hear it you are saved. No one that hears this stays in the world. When you recognize the power that is inherent in what you are, you see immediately that this state of awareness, this frequency of light association, is very slow. I mean there is not a whole lot that is going on that is interesting. There are more interesting places.

But what you need to discover and what we are offering and teaching is that through a process, an application of principals that are given you from a wholly encompassing perspective, you can learn that you are not bound by conditional circumstances whatever they may be. Those circumstances might include sickness, suffering any kind, emotional distress, disturbances within relationship, or the very fact you are sitting here identifying the body idea. That may be the one you are considering overcoming. Why not? If I am responsible for this and I can let it go anytime I chose, why not just let it go?

These are questions you are answering individually. I cannot answer them for you. I have already relinquished this position, having discovered by Grace, the light of the alternative, which is the agency for the perceptual shift. I am free by nature of who I am. Free by nature of whom God is. I have never been other than what God is, and I can demonstrate and do demonstrate that. But that is a personal matter. I have made the decision to demonstrate that, because I have simply had enough of this. That is all.

Each of you is coming to that point. Each of you is to some degree, that demonstration of transcending circumstances to find a happier, brighter, broader relationship with yourself. You

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are doing great. You are making progress because you are more consistently happy. That is how you recognize you are no longer bound. *I am not a body I am free*, is how Jesus would teach it. And in my freedom is my happiness, is my joy, my recognition of who I am.

Now there really is nothing I can do to convince or influence you in any way, except to expose you to a demonstration of this alternative. Some of you are struggling with this; you are wondering why it is taking so long. I cannot answer that question. From my perspective it is not taking time at all. It has already occurred! It is already over so I cannot answer your question. I do not know why it is taking so long. I just told you that you have all power to decide.

Only you can answer that question. The very first idea that Jesus gives you in his *Course* is that you can elect how much of this course out of time you want to take at any given time. Its ending is inevitable. You will complete it, but you are making the decision as to when you will, all the time. You will, in other words, evolve to the truth of you, because you are the truth. You cannot avoid what you are.

This is *A Course In Miracles*. Maybe some of you are mature enough practitioners to hear the introduction to *A Course In Miracles*. When I first got this book twenty years ago I opened it to this page, read one sentence, closed it and put it down because I knew it was true. Not only that, I knew as well that it would be the end of me. It was self evident. I knew also that I wasn't ready for that. I was simply honest. I closed it and put it down and picked it up a year later. Here we go...

*This is A Course In Miracles. Say to me "it is a required course". You have no choice. You must take it. Only the time that you take it*

*is voluntary.* You keep putting it off saying “I will take it in senior year”. I will take it next year. Well, this is next year! *Free will does not mean you can establish the curriculum.* You think that your will is free to avoid it. That is not possible because you are the curriculum and you cannot avoid yourself. Did you hear that? You can be free not to remember yourself but ultimately that becomes unbearable to you. Finally you can no longer bear the strain of not knowing who you are. Ultimately you will concede.

You cannot establish the curriculum because the curriculum is you and you have already been established by God. That may be the highest teaching you will ever hear. *It means only that you can elect what you want to take at any given time. This course does not teach at aiming at the meaning of love, for that is beyond what can be taught. It does aim however at removing the blocks to the awareness of loves presence, is your natural inheritance.* Everything that we do here is a form of purification. It is an attempt to remove the blocks, the impurities, everything you have super-imposed upon love, so that you can become aware of loves presence.

Now we can teach you that love is all there is. So when you are not aware of love, you are simply mistaken. Something has gone wrong. When you are not aware of love or what we call the miraculous, something has simply gone wrong. What has gone wrong? You have gone wrong. You are wrong. Isn't that nice to hear? If you are not in experience of joy, happiness, of love, of peace you are wrong. That is it. All you have to say is “I am wrong”, and you will be right. That is called a correction. The only way you can possibly be right is being wrong. That is called correction. This is a mistake. The correction is the acknowledgment that this is a mistake. It is immediate. It immediately removes the block to the awareness of the

correction, which is what love is. It is always present in other words.

Every time you anticipate based on a need or a desire such as “when will I awaken, when will this be over”, you are mistaken. There is nothing to anticipate. It is already accomplished. This is where I lose three quarters of you.

I lose you because you won’t accept the fact it has already been accomplished. You want to have something to do with it in other words. You say “well wait up! Wait for me!” It is too late; you have nothing to do with it. It has been accomplished because it was accomplished in your creation. There is nothing you can do about it because you will be loved whether you like it or not. You will be whole and perfect whether you like it or not.

Everything you do is a form of avoiding it! Everything you do is a form of “I will fix it later on”. You have to get used to accepting it. The truth is love is present; the problem is you are not. You are absent, you are not there. When you are present you will see that love is free. That love is all there is. And that will be a form of communication and it will be ever present.

Every time you bring the past to bear, you are missing it, that is all. Every time you bring a personal concern to bear you miss it. This is difficult for many of you. If you have a concern about anything, you have already denied God. All concern is an attack on God. When I first opened the book, I saw immediately what it says. What it is saying is “I am not real”. It is saying I am not real and that this condition is an illusion. It is obvious that it is an illusion because there appears to be something here that is not love, and so I am forced to determine what is love and what is not. Everything I am seeing

is a form of judgment. Talk to me about anything you see. We will sit down and talk and you will tell me your story. What is it going to be? it will be a form of judgment; that is, an attack on love, a denial of love.

Everything you offer me in terms of your self-conflict in your association with yourself is an attack on God. The moment you open your mouth you are attacking God. Wake up! Who wants to wake up? Anyone? Shut up and go home. That is all I have to say. What else is there? Everything you are as a human being, as a consciousness identity, is an avoidance of God. Be constant! Now, if I have offended you, that is what I do. I am glad I have offended you.

You are in the right place believe it or not. This is the place that everyone comes to ultimately. You really want to hear that this is an illusion. You want to hear that you are dreaming, you are simply dreaming.

Your dream is madness, because your dream contains unhappiness and unhappiness is mad. You are no longer offended by that. You start to laugh at it. You are mad and you begin to laugh like a madman. I am mad! You may find yourself happy all the time, they may consider that madness. So be happy all the time, and be considered the insane one. You must be crazy, what right do you have to be happy?

Alright listen: *It does aim however, at removing the blocks to the awareness of loves presence. The opposite of love is fear. But what is all encompassing can have no opposite. Therefore this course can be summed up in this way, nothing real can be threatened, nothing unreal exists. Therein lies the peace of God.*

What do you think? It is like You have heard that for the first



time. Its time. There is a lot of light. It had to do with you standing here long enough to be corrected. You stay here until God finds you. He found you. *Nothing real can be threatened, nothing unreal exists.* There is nothing to be concerned about. You are free.

Now I understand you are evidently not able to receive that wholly, to complete the curriculum. If you did you would only be aware of light, only of love, only of God. So until that occurs, you need some help, some assurance. And that is why there are those one thousands pages that follow the introduction. Those one thousand pages will eventually, will ultimately reflect back to the first page. That is how this works. It wraps up on the first page. One cycle; it begins and ends on the first page. You are somewhere in there. Somewhere in the one thousand pages is you. You read it, and there is a moment where you say “AHH” and You have been found. You have been uncovered. “I became a part of the light!” No you did not, the light found you! You did nothing. The light found you, and next thing is you wonder where the light went to. Where did it go? Well, you got lost again. Now we will keep reading until we find you again. You are in there do not worry we will find you...

You are hiding from God. Can you admit this? You are hiding from perfect joy, perfect peace, and perfect happiness. Of course you are hiding from God, or you would not be here inventing all sorts of means and justifications to remain in the world. “Yes, I have every reason to be here”, and so begins your story. All stories are an attack on God. *Sickness is a defense against truth.* What is your story? A form of sickness, of course, or you would not have a story. Are you okay? Is this making too much sense to you now? You know what? I love you! I am here to

help. You have to understand that I am not really here. I am only here as a catalyst, I am only here as the light in your dream, until you remember that you are the light in your dream. Why? Because I am you! Of course, you are dreaming, here I am who is dreaming it? Who is dreaming the dream of the evolution of consciousness? Who? You are! Each of you is! Enjoy the picture show!

We are gathered here reading the fundamentals. How exciting! We are gathered here at this intersection of dreams. Each of us has come bearing the burden of our stories. Each comes bringing his dream. This is an intersection. This is the only place that dreams can possibly intersect, which is the intention or the desire to awaken. That is why you find yourself in this room, or reading these words. This is an intersection of dreams. This is where you come when you are expressing a desire for an alternative. Somewhere in your dreams, you said “I need help” or “I need an alternative to this, I cannot do this anymore”. Now I have got you! You are in the right place. You couldn’t be listening to me because I am the alternative and you are determining the outcome because you are the dreamer! And you are determining how this resolves, and you have made a decision to awaken, and the moment you made it, the light appeared.

The moment you recognized that this is a nightmare and you are done with it, the light appeared.

And now the light is beginning to reveal or expose the true nature or your identity, which is that you are the cause of this. You are a creator, like God, because you are not other what God is. You are not separate from God. You are a creator. I have come to remind you that you are responsible for this. That

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what you are doing here is a form of creation, apparently limited, and therefore unreal. It is a limited form of creation because you are not aware that you are responsible. You are responsible for this world. It is arising in you because you desire it. You are a creator, and this is your creation.

Now what I have come and offer you is this: you may not be holy satisfied with your work here! You may want to have another look at it. It is a bit unworthy of you. What you are doing here is unworthy. That is pretty much my offering to you. I am simply suggesting you can do better than this. I mean its okay, you know, you can raise your hand; I suppose that is an accomplishment. Perhaps at the height of it you can paint sunflowers or write a symphony. But altogether it is pretty small. And I know many of you are offended by that idea because you like what you have made.

You want to show me the things that are worthy of attention. Perhaps you call them children, or an automobile you particularly like. A Ferrari, that is worthy of attention, no? Okay well look at what comes with it, shall we? Look at what comes with that Ferrari. Someone just came back from Brazil and expressed to me “All you see is suffering. Everyone is struggling and working all day long simply to survive.” Well that my Ferrari driving friend is you. Of course it is! This is your world. In order for you to drive that car, this is what you have done. You have created a place that is essentially built upon lack. Someone has to suffer in order that you might gain. So you have all these laborers in China that are working for 3 cents a day so you can get a cheap MP3 player. Yes or No?

In other words everything affects everything. All of your thoughts have effects, and those effects are universal. If you

have an idea of lack in your mind you are constructing an entire universe founded in lack. Now those of us that have risen to the surface of this nonsense are beginning to say “enough of this. What else is there? Show me what else.” Now you are in the right place. Now you have risen to the surface. Now you have been seen. You can be offered the resolution which is the light you are using to maintain this illusion. That is the solution. That is what I am offering. You are the light of this world. I will teach you that. Say to me I am the light of the world. What do you think? That is what you are! Now you have identified with the light in your mind rather than with the world which is only a symptom of not knowing who you are.

Now you find yourself among those who are beginning to identify themselves as the light of the world. I am one of these. I am in fact one that has used that light and relied upon that light in order to awaken entirely from my dream identity. That dream identity is gone. I couldn't be here if I was relying on those memories. I rely on those in order to establish myself for an instant or to associate with those who still believe that they are trapped within a dream identity. For that, I suggest, you should be grateful rather than attacking me by insisting I am like all the rest. You can outgrow that idea. I have already transcended that idea. I am here for you. I am here on behalf of Him who sent me.

When I left here, I remembered my light relationship with Jesus and with all of you outside of time. I picked up an assignment and returned. All I am here is a channel for this universal message of deliverance. We will call it love. I am a channel for the love of God. You are a channel for the love of God. I remember my first assignment upon returning, was to call a friend and when she answered, she said “Oh, I was just

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praying”. I said “I know I am the answer to your prayer”. And then all of this light came streaming through me. The light streamed through me, and through the telephone and into that mind. I heard her gasp because she received the communication, which is love. There is no greater joy here than to be a channel of the love of God, and that is everything we are about to teach you.

Your joy and your function are the same. Your function here is to be a channel for the love of God. You have no other reason to be here. You are not here for yourself alone; you are here for the benefit of everyone. I am teaching love. I am talking about love as a direct experience. I am not talking about love as It is understood within the limitations of your own identity. All love comes from God.

And now finally, this is a message from Jesus, speaking about His center for *A Course In Miracles*, about you in your transitional identity:

*This is a place where the course will grow from infancy into a helper of the world. That is why it is here, that is why you are here. It must develop without error, and with nothing to mar its perfect purity. It is the Word of God to be kept holy forever. This time there will be no failure, no misunderstanding, no loss of truth, and no misinterpretation. I will direct its growth from the paper on which it was written into the hearts for which it was intended.*

Jesus is speaking through me and through you. It is a vehicle of translation. It is the means by which you remember who you are. I, as a representative of Jesus, am here on his behalf. I am very careful not to mar the perfect purity of His message. Jesus is directing the outcome. At this level, some degree of patience is required.

*It will be impossible to make any mistakes in its connection which will endure. I am watching over it with all the care I have for my brothers my salvation.*

Jesus said to me just be my voice I will speak through you, be my hands, be my feet, walk this world as a representation of what I am and he is asking the same of you.

*Do not be concerned about starting. You have already started. Do not be concerned about growing, you have grown and will yet grow more. And above all do not be concerned about my love for you. There will not be one of you who will not be sure this year than I am with you, was with you when you came, and will never leave you. Your stories may seem to differ for they take on different forms. Yet their one content makes you all brothers. Dwell not upon the differences or you will be lost. It is in recognizing the common need that you are saved.*

Everyone here needs God. That is the solution, which is salvation. That will allow you to overlook differences. And so if someone is attacking you, you can look them in the eye and say “Oh, I see now... You need God as much as I do.” That is the whole foundation for forgiveness. The need that you share is the resolution in God. You have a function here, a purpose, and that is to be a channel for this love. As a dreamer, awakening from your own dream, you are demonstrating that by relying on this alternative, the Grace of God, the light of love. You are able to move effortlessly through concerns and difficulties into higher frequencies, and happier and more encompassing perspectives. Breathe and be happy! I love you guys!

## CHAPTER SIX

### *The Transitional Identity*

*I have taken your bait  
Felt your hook pierce my taut lip*

*And though I tried to spit it out  
The effect was immediate.*

*Penetrating, crossing the threshold of my resistance  
Infusing the cells with radiance.*

*I imagined myself to be free of you,  
Darting toward the familiar  
The reef's protection  
The scraps it offers*

*(I was certain I was saved,  
Even determination can be easily painted on)*

*And you  
In your infinite patience*

*Knowing already that I was yours  
Kept loose the drag  
Waiting for me to tire  
Reeling me in all the while.*

*Ready the net Lord,  
I can see your blue boat's bottom...*



## **From a journal entry at the birthplace of dreams...**

*I am spiraling down into time. It becomes increasingly fragmented as I descend. I can see the point of entry, a circle of light above at the apex of the spiral. It dims as I go down but I can still make it out. The unity I felt at the plane of entry is diminishing. Now the fragmentation seems more real...*

## **And from Jesus: A Course in Miracles Urtext**

*Time is like a downward spiral that seems to travel down from a long, unbroken line, along another plane, but which in no way BREAKS the line, or interferes with its smooth continuousness. Along the spiral, it SEEMS as if the line MUST have been broken, but, at the LINE, its wholeness is apparent.*

*Everything seen from the spiral is misperceived. But, as you approach the line, you realize that IT was not affected by the drop into another plane at all. But, FROM this plane, the LINE seems discontinuous. And this is but an error in perception, which can be easily corrected IN THE MIND, although the body's eyes will see no change. The eyes see many things the mind corrects, and YOU respond, NOT to the eyes' illusions, BUT TO THE MIND'S CORRECTIONS. You SEE the line as broken, and as you shift to different aspects of the spiral, the line looks different. Yet in your mind is One Who KNOWS it is unbroken, and forever changeless.*

## **Session: Mataro, Spain...Summer, 2007**

Let me see if I can convey the true and exact nature of the awakening, which is an event in consciousness. To this end, I will offer glimpses of what it is to be the liberator of your

world. Since this is the purpose that each of you must ultimately fulfill, it is important to give you indications of what that activity entails. As its creator, you will be and are the redeemer of your dream, of your universe.

There is no possibility that you will escape this mission, because you are wholly responsible for the thoughts in your mind. You will remember that you are responsible, and that remembering is what enlightenment is.

As a demonstration of the fulfillment of the function of redeemer, it is appropriate for me to give you an idea of what that work entails. I will speak of it in terms of two stages or aspects: the ascending and descending occurrences. You will find evidence of this two-stage process in all of the traditions of enlightenment for reasons that will become clear as we go along.

The mind (and all of its content) ascends (is raised) in the sense that it becomes more encompassing or more embracing through each act of forgiveness or healing. As each miracle of forgiveness is accomplished, there is a return or descent into the realm of objectified thoughts (time and space) in order to gather or include more ideas. Now remember that I am speaking of you in association with your own thoughts. You are saving your own ideas about yourself, which is what your universe is. Your thoughts are taking shape as the world that you see. The universe is an effect, and you are its cause.

Whenever and wherever you find yourself, you are somewhere in this two-stage process. In your universe, you are gathering and applying the principle of atonement or personal responsibility. You are dropping into your thoughts in order to gather, embrace, and love. The ascent occurs naturally, without

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any effort at all on your part. You are, in truth, being lifted out by the Grace of the light and love that you are in your natural association with God. This is the memory that will ultimately take the place of the myriad thought-forms that seem to obscure it.

In the role of savior, the only requisite on your part is the intention to heal and to be healed. The decision to heal generates the entire sequence, which then unfolds naturally because it is in perfect alignment with the will of God. *“Miracles are natural,”* says Jesus in his Course, *“when they do not occur, something has gone wrong.”* You have demonstrated an intention to awaken simply by reading these words, thereby exposing yourself to the light from which they emanate.

What I do is enhance your intention to heal by my own demonstration. Your thoughts are actually thoughts in my awareness that I have come to gather and take out. We are not different in this regard. Perhaps you can say that I am an elder brother or an advanced teacher in the sense that I have already completed this gathering, ascended unto Heaven, and have returned in order to describe the undertaking.

And so here I am, somewhere in that ascending and descending course, meeting my thoughts at this frequency of co-relation. I come offering the light of the Alternative, to gather those who are intending to be healed. I am simply demonstrating the inherent capability of man to realize his Divine Destiny simply by aligning himself with It.

All beings are, in reality, vibratory associations of light energy. This is a simple fact, easily recognized by anyone willing to see the direct and tangible evidence that it is so. For example, it is self-evident that anger has a lower vibratory frequency than

compassion. It is lower literally as well, in the sense that it is experienced physically in the vital region of the body, that is, in the abdomen. The body location of compassion, on the other hand, is in the region of the heart. All vibratory frequencies have physical locations, simply because the body is merely a symbolic representation or picture of the continuum of energy that is an aspect of light. Traditional wisdom speaks of these bodily locations of vibratory frequency as the chakra system.

Now, all living beings (and if we can speak of anything at all, it must be alive because thought is life) are in vibratory associations or relationships. We can speak of the center of that association as the individual consciousness or being. You are one such center. The center is simultaneously in relationship with itself and with the entire universe. No center is isolated and alone, even if it chooses to associate in that manner. Choice is a reduction of a far greater quality or inherent aspect of Reality, which is Will. Will is a sacred idea. It is an accurate definition or symbol which approaches, in frequency, Reality itself. The statement “Thy will be done” is a most holy description of any and all consciousness identities. It is a tribute to the all powerful offspring of the Creator.

It works like this: your desire for an alternative generates an effect (which is a reflection of that desire); a transitional catalyst taking a shape which is acceptable to you as a relationship within your particular vibratory association. This can be a book, a situation, a relationship or perhaps a teacher. In any case, it will fulfill the purpose given it by you, which is to generate a shift to a higher frequency; a quantum leap in consciousness whereby you collapse your temporal sequence, and emerge further along in time. This is defined in the *Course* as a miracle.

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In this way, you demonstrate your inherent ability to transcend or overcome any circumstance at will, by calling upon the agency or catalyst which is in reality the light love and power inherent in your identity as the Son of God. This agency generates a shift in the frequency of your vibratory associations. What you discover after the shift that has occurred is that it had absolutely no connection to the previous vibratory association. That is, there is no causal link between the shifts. What matters is simply your exposure to the agency, which generates the shift. This agency is Holy Spirit. The desire for healing brings about a baptism or instantaneous purification by the Spirit which is your true identity in God. This instant of release is described as the *Holy Instant* in the *Course*.

Many of you now are graduating into the transitional frequency wherein there is a consistent recognition of, or identification with, the Spirit that is the catalyst for the shifts in vibratory associations. I call this the *threshold identity*, because it is indeed the *transitional identity* between God and mankind.

Everyone is aware that the human species is in transition. All vibratory associations of human identity will inevitably evolve to their Divine destiny. It is not possible to be a human being forever. You will transition. Even now, as you cling to it, the vibratory frequency associated with being human is falling away.

It is helpful to understand that the way that this occurs is miraculous; it has nothing to do with what has gone before and therefore has nothing to do with your human identity. Transcending your conditional idea of yourself occurs entirely by the grace of God. Ultimately this will gladden you because what and where you thought you were has no effect on you and does not influence the shift in any way. There is no causal

connection between what you are and what you were. You have always been what you are, and have never been what you were. What you were is an illusion. What you are is holy.

What has been established for you by God is a *transitional identity*. This identity is a communication link between God and you. You are being informed of your identity in God, through this medium. What you are reading is a form of communication being provided to you through this communication link. It is the Word of God. By exposing yourself to it, you have agreed to be influenced by it. Nothing happens to you without your consent. You are exhibiting a sign of readiness to proceed in the transition. Having done so, you expose yourself to the influence of the Transitional Agency.

This agency is grace; it is actually the light and the love of the natural state. It influences you because you are not apart from it. Grace is therefore only a reminder of what you already are. Exposing yourself to the influence of grace is merely an indication that you are ready to remember who you are. This remembering is your enlightenment, the event of the awakening from your dream.

As you expose yourself more consistently to the Transitional Agency, you become increasingly identified with it. You recognize that it is always and everywhere available to you, and you begin to rely on it increasingly as the resolution to any and all apparent problems. As you do so, you become aware that you are not bound by the physical. Neither the body nor the world can contain you. You are in fact, free.

Consistent reliance on the Transitional Agency identifies you with Holy Spirit. It becomes what you are. You have become the very communication link between God and man. You are

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that. And as that, your only purpose is to assist as catalyst and accelerator, the evolutionary destiny of mankind. This is your *transitional identity*. It is your divine purpose, your reason for being here. It is you as Savior of the world.

This *transitional identity* might be described as fifth dimensional in that it transcends yet includes the four dimensions of time and space. You are approaching greater dimensions, and the fifth dimension is transitional. Since time and space is already over, the only possible pathway is this fifth dimensional transitional being. You will be Holy Spirit because you already are wholly spirit.

The transition will occur in any case, it simply unfolds more rapidly when you are in a disposition which allows the Grace (Divine Transitional Agency) to penetrate. As you are in-filled with the light and love of God, your old concept of yourself can no longer contain you. Like shedding skin, you simply outgrow your old ideas by exposing yourself to the light. It is a perfectly natural transition, simply because your innate destiny is Divine. Humankind is an outdated form of being, and has become obsolete. There is no requirement to associate within the human condition anymore.

There are many among you who are vibrating at the new frequency, and they can assist you in this transition. That is why they are here. They are the harvest of your mind. You can recognize them; they have simply risen above the chaos of the human condition along with you. As fifth dimensional beings, you are no longer seeking satisfaction in four dimensions. You look at the four dimensional idea and immediately see that there is nothing there that interests you. This is how time is erased: it falls away for lack of interest.

A transitional lesson from the workbook of *A Course in Miracles* is: “*The world I see holds nothing that I want*”. It may occur to you more often now. You may be walking down the street and suddenly see that the world is offering nothing that you would retain. This does not necessarily mean that you will relinquish it and disappear. What it does mean is that you will spontaneously locate the transitional way of being, which is a singular identity. There is one transitional way of being. There is one being in transition, and one way of being that is transitional.

From this new perspective, you look down upon your old conditional identity, removed and unaffected. You can think of time and space as a museum of the human condition. You reside in transition, and you are looking back at a picture or hologram of what it was to be in conflict, of not knowing who you are. What I really want is for you to be happy in this transition; for you to understand that you are not alone. Those that are in the transition are simply vibrating at a higher frequency. It has nothing to do with spatial distance between you, that space is recognized as illusory. *It is not the form, it is a frequency*, and you can feel it. And as you begin to associate with those who are vibrating at that frequency, distance will be meaningless, and all that will matter is the recognition or communication which is light and love.

Love is the 5th dimensional frequency with a bodily location in the heart. The human condition, associated only with survival as an apparently individuated identity, resides below in the four dimensional vital being. As you ascend in consciousness, you move into the heart, the transitional passage or bridge from time/space to eternity. The heart is at the center of your being. From the heart you extend in all directions. You



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are the center from which love is extending to infinity. Everything that is arising, arises within the context of your love. Jesus says you love what you have made of yourself, your time/space identity, and that will be true enough. This is forgiveness, and as you stand still embodying that love, you perceive only effects, whose cause is love.

Now, breathe and be happy... Namaste.

## CHAPTER SEVEN

*The Real World: The Transitional Location  
Where Sin Has Left*

### **Journal entry: Endeavor Academy...June 6, 2006**

*On a recent morning I was sitting outdoors in quiet application of the daily workbook lesson, when suddenly the texture of perception spontaneously shifted as it does when the light alternative idea takes hold. In that moment, there is a sudden tacit recognition that all things are exactly as they should be. The relationships that are inherent in the natural state begin to reveal themselves as ever present, waiting only upon the openness of the mind to receive them.*

*In this instance, I witnessed the ecstatic nature of relationships in the “natural” world. A hummingbird spontaneously appeared before a delighted garden flower, drawing nectar from its gracious folds. Dragonflies locked in a lover’s embrace hovered for a moment then disappeared, only to appear again in a mysterious celebration of connectedness. Bees drew water from a birdbath alongside ecstatically splashing cardinals.*

*All the while I was bearing witness to what Jesus describes as the “relationships which imply being”. I was the hummingbird blissfully drawing nectar, as well as the benevolent flower experiencing the joy of its offering. I was the dragonflies in euphoric embrace. I was the joyful cardinal and the blissful bee. Communication, whole and unambiguous, had been*

*restored.*

*I bore witness as well to the spontaneous nature of relationships, unfolding not in time and space, but in the eternal rapture of mind in the natural state.*

### **Journal entry: Hana, Maui... January 8, 2004**

*Last evening, I stood on a hill overlooking the ocean. The sky was clear and the stars were brilliant overhead. Venus burnished on the horizon, and the moon shone full and dazzling over the rippling waters, creating as well a curious landscape of effulgence and shadows. Breathing deeply, I thanked the Lord and immediately felt energy move into my head, which began moving rhythmically side to side. I closed my eyes and smiled in deep recognition of the gift I was being given.*

### **Session: Mataró, Spain...Summer 2007**

The *Real World* is not seen it is realized; made real. There is a *Real World*, or a world that reflects the love of God absolutely and altogether. And that world is what this new frequency is. It is realized in the sense that it is God informed. Nothing happens by accident. Even words have meaning, have value in their field when they are realized, when they are enlightened.

What we are demonstrating now at this frequency is what we call the *Real World*; the world that is being informed by God and therefore is reflecting what we call the natural state, reflecting Heaven. Jesus will describe it in many places in the Text. And in one of those places he says, “*The Real World is where sin has left.*” Where sin is absent, the *Real World* is recognized. The *Real*

*World* is realized in the same place where sin was. Where sin is absent, truth is already present. And sin is absent always and everywhere.

Are you going to insist that sin is real? This is the conflict you face with increasing intensity as the frequency increases. What you are being offered is the insight or recognition, of the unreality of sin. The *Real World* is the recognition or the understanding that sin is untrue; that you are the cause of what you see, that separation is untrue, and therefore, Jesus would say, that there is nothing to forgive. The foundation for forgiveness is that there is nothing to forgive. If the sin is real, then forgiveness is impossible. If separation is real, *At-onement* is impossible. If there are two things, there could never be one thing. There is one thing. And that is what the *Real World* reflects; the unity of the natural state.

We have been calling it a transitional thought, a *threshold identity*, a fifth- dimensional being; the emergence from time and space into this transitional idea of spirit recognition. We are demonstrating the overlooking of the manifestation; to a shared vision in which the formulation arises within the context of Universal Consciousness.

The moment that the idea of formulation arises in consciousness, it is inherently multitudinous. In other words, it is inherently what it is to begin with. If it is inherently objective it is infinitely so. And so you find nothing else within the context of objectivity but more objects.

The solution, or what we call Salvation, is the recognition that it is singular. It is not multitudinous. There are not a whole lot of bodies. There is one body. There are not many forms, there is one form, or one idea of formulation taking myriad

shapes. No matter where you look you are seeing the same thing. It is quite accessible to anyone who has the courage to look at it. Who is ready to admit that one form is all form? Is anyone being given evidence? There is not a whole lot going on, in other words. One form is sufficient for God-realization. “*One brother is all brothers*” is how Jesus teaches it.

One form is sufficient. You can meditate on a glass of water and remember who you are. What you see is that you are not separate. Subject and object are one and the same. This is the core of every wisdom teaching there has ever been. Subject and object are inherently united. *Cause* and *effect* are inherently one.

This stress that is associated with maintaining the distance is now being relieved. This is my offering to you. I am offering you the relief from the stress associated with differentiation, or keeping yourself objectified or different from everything out there. You will not be different from anything because there is nothing out there that is not already you. Say to me: there are no differences. Anywhere in the Universe, there are no differences. There is only one thing. There is only one Source, and everything there is, is a variation of that one.

Jesus says it this way: *God is the mind with which I think*. How close is God- realization? God is the mind with which I think! Therefore everything that I think is a thought in the mind of God. Therefore I am never separate from God. Yes! There is no difference. There is no separation. There is no opposition. There is no sin. The *Real World* is the transitional location where sin was.

Hopefully you are standing still long enough for this correction to occur; long enough for sin to be exposed, and revealed as non-existent, as an illusion. And you have evidence

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of it all around you. Your brothers are that evidence; a gift being given. *A Course in Miracles* offers you liberation with every encounter. You can not escape deliverance. Everywhere you turn you find the solution. You do not have to go off and find a cave. You do not have to contemplate. All it takes is any two coming together with the intention to be healed, or to heal, or to remember God, or to remember your Self. Any two joining with the intention to remember become the bridge. And that bridge is physical.

We can call it an altar; an altar to God. It is devotion, a mutual devotion. We are gathering here and now in our commitment to the resolution. What we see in each other is not a formulation, not a dream identity, not what you do or how you do it and so on. It is none of that. All it is, is our mutual desire, devotion, dedication to remember God. It is what everyone here shares. What everyone here shares is the necessity for salvation.

Now, I do not care about the concepts that you are holding. They mean nothing to me. *It is not the form, it is the frequency.* You can talk to me all day long about *A Course in Miracles*. It means absolutely nothing. You can not be known by sharing concepts, and you are either being known or nothing is happening. You can only be known by sharing the frequency. *It is not the form, it is the frequency.* I am only concerned about the frequency. Hearing is joining. When you hear me, we remember God together. The only way to be truly intimate is to be unified. There is no intimacy in objectivity. There is no intimacy in concepts. I am taking a stand against concepts! Want to join me?

Well, here is where you got lucky: I am not offering you concepts! I am not speaking conceptually. I am speaking

frequentially! I am speaking the language of frequency; the celestial language, the language of love. You are going to be love, without concern for the conditions, without concern for circumstances. You are learning to be all-conditionally loving. And that will create the fifth-dimensional identity; loving in all conditions.

Retaining a concept about enlightenment or about awakening or about God, offers you absolutely nothing. It will slow you down. It will impede your progress. The only way to enlightenment is by exposing yourself to the enlightening agency. That is what we are offering you: the light as an identity. It is available to you; all you have to do is accept it. The process unfolds naturally. The wisdom is intrinsic to the light.

There is no wisdom in the world. Conventional wisdom is an oxymoron. Wisdom is of God. Wisdom is not of convention. This is a setting where we expose you to the frequency that accelerates your enlightenment event. You are in-filled by exposure. And you notice this.

Now I am beginning to wear down your defences. You keep showing up in the flesh, freshly constructed. Everyone is bringing their fleshy barriers, and all I do is look through them. And each of you yields ultimately, because behind the barrier, you love God. Love absolute is buried in there somewhere, and you are exposing yourself, allowing me to enhance the light in you. It is my activity of stabilization. I am here to remind you to acknowledge only the light, the love of God, and to overlook everything else. And I am very busy doing it!

We are just looking at it. It is like a museum. You can hardly breathe here, there is so much dust. The human idea is old and



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dusty. And the only way you can see it is by rising up to the surface, where you begin to have compassion for human beings and you begin to recognize something profound about the human condition: fear and suffering is universal.

Obviously you need to be in a disposition where you can see this clearly. And that is the viewpoint that we are offering you. We are offering it as a *frequency of association*. And the reason that we can offer it now is because of your willingness, finally, to accept it. You can only be beaten on the head for so long before you realize you are holding the hammer.

Now I have been asked by Jesus to complete this. And that is why you find yourself here. You find yourself here in an accelerated sequence because I have been asked to complete it. And now all of my attention and all of my energy is in the completion. I know what I am doing. I brought the idea with me, and so I know how it is resolved. It is resolved in the idea that I brought with me! That resolution is secure in my mind. What makes me good at what I do is that I have not forgotten the idea. I never forget the idea. I am never confused by what appears to be interference with the idea. I am not the least bit concerned about appearances.

Here is a description of what I am doing: I am playing a game, and I am playing by the rules of time and space. They appear to be body identities; they appear to struggle, to get sick, suffer and die. Those are the rules, yes or no? Well I am playing by the same rules. I appear to be a body identity. I appear to be associating in the way human beings associate. I am a demonstration that you can be here and pretend to be a human being and bring about Salvation. You call this a healer, perhaps an archangel. I have come in with the intention to heal, to use

the illusion in order to realise truth.

You will find evidence of this in all places and times, the one who comes in from outside of the frame and enlightens the context simply by in-filling it with light. That is me. And that is also you. I am just reminding you of that. You have also come from outside the frame, and you have also come with the intention to enlighten. The light is in you. You brought it with you when you came. You cannot escape God.

Let us look together at the text of *A Course in Miracles*, Chapter 26. This is, interestingly enough, the transition chapter. We cannot escape the transition. There are headings in this chapter such as “*Many Forms, One Correction*”. That is all you need to hear. The correction is the same for all forms. “*The Borderland*” - which is a nice chapter heading-: the place between the worlds, the bridge, the fifth dimension, the *threshold identity*, the place where thoughts manifest, the birthplace of dreams. What does Castaneda call it? The assemblage point. That is a good phrase to use. It is where the dream is assembled. How about *Where Sin Has Left*? And that is where we will read from. Where sin used to be, but is no longer.

*Forgiveness is this world's equivalent of Heaven's justice.* Forgiveness is this world's equivalent, or reflection, of the natural condition. *It translates* – this is a good word now, translates – *the world of sin into a simple world* - it translates the world of separation, which is sin, fragmentation, into a simple world - *where justice can be reflected from beyond the gate behind which total lack of limitation lies.* That is the *justice of God*. You have been judged perfectly. You have been judged whole and perfect by God.

Now listen. The borderland, or this fifth-dimensional identity that I am offering you right now, is where the justice of Heaven

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is reflected in a formulation that is unified. We call that forgiveness. There is still a formulation, but it is unified. There is only one formulation, and there are no differences. There is only one of us in transition.

*Nothing in boundless love could ever need forgiveness.* You are transitioning into boundless love, love without limits, boundless, extending to infinity in all directions. Only light, only love, only ecstasy, only bliss, only joy, only peace. Complete absence of anything else. No conflict anywhere to be found, only boundless love. Obviously that is too much for you to receive, or you would receive it and disappear. You are not ready to receive that so you need a reflection that is a glimpse or a hint or an indication of boundless love. That reflection will be forgiveness. And forgiveness will make you very happy because forgiveness reflects the natural condition while you are transitioning.

I am trying to direct your attention now. I am trying to minimize your fear. The way that I minimize your fear is to offer you a way of associating with one another that is free of conflict. It reflects the love of God, the boundless love of God, within a condition where there still is a reflection. There still appears to be a difference between us, but what has happened? We are enjoying each other's company. We are happy to be together. This is good company. Jesus says Keep good company. Associate with those who are in this recognition.

*Nothing in boundless love could ever need forgiveness. And what is charity within this world gives way to simple justice past the gate that opens into Heaven. No one forgives unless he has believed in sin, and still believes that he has much to be forgiven. Forgiveness thus becomes the means by which he learns he has done nothing to forgive.*

Forgiveness is the way, the means, by which you recognize

that there is nothing to forgive. *Nothing has happened.* That is the foundation for forgiveness. Nothing has occurred. Say to me: *No one is doing anything.* Okay? Now talk to me about forgiveness. No one is doing anything. There is nothing to forgive because nothing has gone wrong!

Now you are faced with the chronic tendency to judge. “Well, wait a minute. What do you mean no one is doing anything? Are you saying that my suffering is an illusion? Are you saying that my struggle in relationships is a waste of time?” Yes I am. I love the Master Teacher. He comes in and says, “Look, There is no solution. I will see you later.” There is no solution. There is nothing you can do. You want to scream. It is why you put nails in His hands. Why did you crucify Him? Because He came in and said: “There is no problem. Your problem has been solved.” “Crucify him! Give us Barabas.” We would rather have the murderer. At least he justifies our condition. At least he makes our suffering real.” What a place! No one hears Jesus. When you hear Jesus, you leave.

*Forgiveness always rests upon the one who offers it, until he sees himself as needing it no more. And thus is he returned to his real function of creation, which his forgiveness offers him again.*

Okay, here it is. This is the *Real World*, all of you fifth-dimensional beings in this Age of Aquarius! The prophecy is about to be fulfilled. *Forgiveness turns the world of sin into a world of glory, wonderful to see.* Is glory wonderful to see? Yes! It is wonderful. I bet you cannot wait to see it. You are counting the days.

*Each flower shines in light and every bird sings of the joy of Heaven.* There is no reason why you are not having ecstatic experiences of re-association of yourself with everything. Go sit in the park

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and listen to the birds. I mean, really listen. And what you will recognize is, ultimately, that they are singing for you. They are singing as you. Every instant is an opportunity to recognize that everything is arising in you, even what you consider to be the bad stuff. There is nothing more ecstatic than a headache.

There are all sorts of things that are evidence of singular self identity. You can literally sit in an experience, and have everything join you in that experience. You enter into the zone where you can feel the textural change, where the frequency is increasing, and then suddenly everything begins to join you there.

In your case, your cell phone rings, because someone is moved to join you there because they feel the openness; they feel the light of your mind.

You may even be attacked. An attack is an attempt to join! Can anyone hear me? It is a very high teaching. Whenever there is a lot of light, you are attacked. They do not leave, do you notice? They stay close and attack. That will pass. It is the resonance with the frequency that brings about the transition. Everyone is denying the Christ anyway until the unity of the Christ is recognized. We are not confused by this. We know now how it works.

I know that what you really want is the light and I am going to stay here and shine until you acquiesce. You are going to gather up all your resources from the bottom up. You are going to use it all and say, "Father, Father, here I am. I am here to the toes. Use me. Use me altogether. I want to give you everything." When you make that unequivocal gesture, you are many reflections, many examples of the singular nature of what Jesus is calling unbounded love. Unbounded love is present even

here. It is the unbounded part that you are afraid of. You suffer from agoraphobia – fear of open spaces.

*Forgiveness turns the world of sin into a world of glory, wonderful to see. Each flower shines in light and every bird sings of the joy of Heaven. For those of you who are joining me here, there is no sadness, and there is no parting or separation. Everything is recognized as one, everything is totally forgiven. And what has been forgiven must join, for nothing stands between to keep them separated and apart. Because we are joined. Not for any other reason. Not because we have pardoned one another. No, because we have re-cognized, remembered, realized, that we are already joined. And we have never been separated. The sinless must perceive that they are one, for nothing stands between to push the other off. And in the space that sin has left vacant do they join as one, in gladness recognizing what is part of them has not been kept apart and separate.*

He is talking about you now in this transition. You stand in a holy state. Listen to me now in this frequency. We stand together in a holy state. The place where you stand is holy. *The holy place on which you stand is but the space that sin has left.* I want to make it so clear in your mind that you cannot escape it. Everywhere you turn you are going to run into this transitional idea. Sin is no longer here. You have made the space available for love. That is forgiveness. *And here you see the face of Christ arising in the place that sin has left vacant. Who could behold the face of Christ and not recall His Father as He really is?*

In this transition you are beginning to recognize, beginning to see with clarity now, what we call the face of Christ, which is spirit identity. That spirit identity is singular. Now you are going to have to support it. Jesus says you are going to have to put your faith in it now. To remove it from the body identity which

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is what sin is. Now keep your attention fixed on the light that shines beyond the body.

There is no other way to offer you this transitional idea; you are going to have to be consistent in your identification with the light. It is easy now because the light ones are all around you. It is easy when you are associating with light. It is not so easy when you are not associating with light. In fact, it is impossible. Do not even bother.

You need to associate in light in order to complete this transition. You can associate with this light simply by proximity; simply by being close. Or you can associate by being in light in your own mind. And that will transcend the differences between us. But it is more difficult to practise when you are not in proximity because it requires that you be consistent in the practice in your mind. You do not have the reminder of session every day. No one looks at you and smiles and says, "Thank God". As you mature in your determination to see only the light, you will begin to enter into a reflection, which is an out-picturing, or a story, that reflects that determination. You may find yourself in this room. Everyone in this room is a reflection of your determination.

Stand with me for a moment and add your determination to mine and to all of those around you so we can stabilize this *transitional identity*, to make it easier for those who walk in to remember - because all that is going on here is the remembering. *Who could fear love, and stand upon the ground where sin has left a place for Heaven's altar* - that is our devotion, our dedication - *to rise an tower far above the world, and reach beyond the universe to touch the Heart of all creation*. We are building a bridge that touches to the Heart of all creation, connecting the human

condition with the Heart of all creation.

You have to allow this to unfold by associating with the light until the bridge has been stabilized and the way is clear. It will carry you to the Heart of all creation. That is what we are doing. We are establishing this bridge between time and eternity, and your part is required. Your determination is also required; your persistence, your consistent effort, your wanting only that. That is going to require some consistent practice at this frequency. It is here, it is evident. There are those who are doing it. If you are missing it, it is only because you are not consistently practicing, that is all I can say, because it is so clear now, there is so much light now, it is unavoidable. All you have to do is show up.

*What is Heaven but a song of gratitude and love and praise by everything created to the Source of its creation?* This is everyone here. Listen: *the holiest of altars is set where once sin was believed to be.* This is a reminder of why you are here. That is the work that you are doing now. You are building this bridge in the place where sin was once thought to be. *And here does every light of Heaven come, to be rekindled and increased in joy. For here is what was lost restored to them, and all their radiance made whole again. Forgiveness brings no little miracles to lay before the gate of Heaven. Here does the Son of God Himself comes to receive each gift that brings him nearer to his Home. Not one is lost, and none is cherished more than any other.*

That is what this bridge is: *there is no difference.* Every one of you brings the gifts and there is no comparison. The gift that you bring is exactly the same as the gift that anyone else brings. The fact that you are here is the gift. Trust me on this. No one is doing any more work than anyone else. All I am doing is stabilizing the idea in your mind. The gift that you bring is



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exactly the same as the gift that I bring. The light in you is exactly the same as the light in me. All I want you to do is stand here in the light with me while that light becomes all- inclusive. Until the radiance in-fills you to the point of outshining this condition altogether.

Are you making this dedication now? Are you making it physically? You are going to allow the light to accumulate in you until it outshines your conditional ideas altogether. That will be a physical occurrence. I am stabilizing a physical conversion. I am stabilizing the resurrection of the body. Those of you who know me, know that this is my work. I am here to stabilize the resurrection of the form which you consider to be dense, which you consider to be concrete, which you consider to have substance. I am demonstrating the insubstantial nature of it. There is nothing substantial about this place. The way to recognize this is to associate in light, and you will watch this formulation dissolve along with me.

*Each [gift] reminds him of his Father's Love as surely as the rest. And each one teaches him that what he feared he loves the most. What but a miracle could change his mind, so that he understands that love cannot be feared? What other miracle is there but this? And what else need there be to make the space between you disappear?*

We are talking about fear converted to love. And that is the work that we are doing. We are standing here for an instant in this apparently fearfully-associated condition while it converts to love. And you are all engaged in this process along with me. Everyone in this room is a part of this process or you would not be here. Everyone in this room is playing his part. We are stabilizing this identity. *As each one of you elects to join with me, the song of thanks from earth to Heaven grows from tiny scattered threads to*

Josh

*one inclusive chorus.* Thank you, each and everyone, while I still have time, for everything that you are doing on His behalf. No effort is wasted. I love you.

CHAPTER EIGHT  
*The Lineage Of Light*

### **From a journal entry, Hana, Maui...July, 2004**

*One cannot avoid the present circumstance. The discipline, by virtue of appearing here at all, requires that one allow the Divine to reveal Himself in this exact circumstance, accomplished in the end by submitting oneself wholly to its apparently limited nature in order to discover its unlimited essence. This is why isolation fails in the end, by avoidance; the motive of withdrawal from conditions. An exposed and vulnerable heart is the only real requirement for healing.*

*In order for the Answer to reveal Itself, the necessary perceptual disposition is one of "beginner's mind"; open and wholly unfettered by positioning, precious concepts, and attachments to opinions; that is, the entire body/mind must be wholly receptive. This requires the development through real and consistent practice, of the capacity to stand unmoved amidst the swirling vortex of thoughts, values and emotions which arise inevitably as the process unfolds. These ideas have been held dear for aeons, and are not easily seen for what they are; one's own accumulated arsenal of avoidance of the awakening event. The awakening of the energy in the body heralds this event in consciousness. Test your resolve now: NOT A SINGLE IDEA IS WORTHY OF RETENTION..*

**Session: Mataró, Spain... Summer 2007**

Here is an advanced idea. You hear me speak often of the lineage, or the column of light which extends from outside of time, from Jesus or the *Atonement principle*, all the way down into every corner of space and time. Everything is linked to the *Atonement principle* because everything is included within it. There is only one of us, and that one is informing all of us. You are somewhere in that alignment, that lineage. You are assigning yourself a location in that lineage and you are doing it according to your determination to know and recognize only that.

In other words, when you want to know that you are one, you will be one. If you insist upon associating with yourself in duality, in fragmentation, in separation, you will still be in the lineage, but you will be in a lower vibratory frequency. You are making that decision all the time, and what I am demonstrating to you is a way to increase the frequency. You are not bound by the frequency; you are choosing the frequency at which you are vibrating. You can increase it any time you want to. The way to do it is to rely upon the highest possible frequency which is the *Atonement principle*. As you rely on that, your frequency increases. What you discover about yourself in the process is that you are addicted to relating with yourself. I mean, there is nothing you can do about it. Likenarcissus, you are looking at your own reflections, falling in love again and again with your own reflections.

You are seeking an image of yourself that you can associate with. Look at it. This is how the mind works. You get brighter reflections and you fall in love all over again. What I want to

offer you now is that you are not really in love with your reflections, you are in love with the light. And this you remember when you rely on the light. You begin to see the light everywhere and you fall in love with the light itself, and not with the reflections. The reflection is only an indication that you have chosen a higher vibratory association, and you will begin to associate with reflections or identities of yourself that are vibrating at higher frequencies.

Now when you are relying on Jesus, when you are relying on the *Atonement* idea, the Holy Spirit, then you are not concerned about the reflections at all. You are not even looking in that direction. You are looking only at the light, at the resolution. I am staring right at the resolution right now, and it is taking this shape. This is what the resolution looks like in this instant – exactly like this. I am not orchestrating it, He is. He is in charge, I am not. He has delivered me, all of me.

In the event of my reunion with God, I left here altogether. The world disappeared and I picked up an assignment, I was redelivered to the doorstep of the dream that I was to convert. I had nothing to do with it. In fact, I resisted it all the way. When they were delivering me, I experience it this way: from eternity, I was dropping down into time, spiraling down, and I kept saying, “No, stop, this is far enough.” And the answer came, “Not yet...” The elevator doors closed and I dropped again. I had no control over it. I said, “Father, into Your Hands,” and I was delivered to the doorstep of the dream that I was to convert. The moment I arrived, I immediately began the conversion. I did not waste any time.

This is what I am offering you. The moment I arrived, I began to increase frequency. I began to teach immediately, in

other words, to demonstrate in order to remember. You have also just arrived here. What are you going to do? You have just gotten here from out of time. Jesus has just sent you on an assignment. He said, “I need you at this frequency.” What are you going to do? Come in and begin to convert immediately. Do not waste time. Hit the ground running. Increase frequency immediately. The moment you lose sight of your purpose here, you are going to be lost. This is why you need a reminder. I just come in and say, “You have a purpose here. It is not to remain here. It is to increase frequency and leave.”

What is that going to look like? Demonstrating, like this; loving, embracing, forgiving. There is no other way out. You cannot get out by making the problem real. It is not possible. And this is what you have done every time you have arrived here. The first thing you do is attempt to justify being here by attempting to solve the problem. You have made the problem real. Now, try again. The first thing you do when you get here is: “Father!” There is nothing else you can do. Rely on the light. That is the resolution.

Now, when I speak of this lineage, Jesus is present, and He is present as you. Jesus is the *Atonement principle* and that includes everything. Whether you are aware of it or not, does not affect it. Jesus is using you. He is using everyone. He is not confused by any of it. He is all of it. And He knows that it all resolves in Him. He is perfectly aware of it.

How about you? Where are you in that lineage as you approach Jesus or the *Atonement* idea? You are approaching Jesus, and as you do, you are accepting more responsibility. You cannot be given the vision of Jesus unless you have accepted the responsibility associated with that vision. You are receiving

exactly what you are willing to be responsible for. As you accept more responsibility you are given a broader vision. You are no longer confused by what is arising. You recognize that what is arising is arising in you in order to be forgiven, for you to forgive, to accept responsibility for. It has a purpose in other words if you would stop arguing with it. Why do you argue with it? "Oh, my boyfriend left me!" Why do you argue with it? It is there for you to forgive. It is there for you to accept responsibility for. There is no guy out there, there is no one out there doing anything. It is a dream, is it not? And the dream figures are yours. They are being offered you again. Take another look, take responsibility and you are given a broader perspective. You are making the decision all the time.

Who are you? What the hell are you doing here? You are making a decision. You can say, "I am here on behalf of God," and that is good enough. I accept that. Now do what He is asking you to do. I am not fooled. If you are really here on behalf of God, you are about the business of healing. "How can I serve? What can I do? I am responsible for this. How can I increase frequency in order to bring about the resolution? I will do whatever it takes!" You have become aware that the guy out there that is suffering is you. It is what I am demonstrating right now. I immediately begin serving because I know it resolves in me. I am not confused. I am here for no purpose other than to take you Home with me.

I am not here to be happy. My happiness comes from serving God. Stop trying to be happy in the world. The world is not your home. "Well, Jesus promises me happiness!" He says again and again this is a place of pain. It is not where your happiness is. Your happiness is in associating with Him. He is not here. Why are you here? As you associate with Him you recognize



that you are not here. The only way to be happy here is by knowing you are not here. There is no other way. He is offering you the light of His own resolution.

You are approaching the *threshold*, the final instant. You look back at the whole thing, accept responsibility, turn to God, and leave forever. Is this how Jesus describes it? Yes. You are very close. You are looking at His offering. I am not holding you here. You are replaceable. If you want to leave, I will find someone else. You have a tendency to think that your part is essential. Bullshit! You are doing it to yourself. Your part is accomplished. The understudies are waiting for the opportunity to perform, and they cannot do it until you leave. Now I am holding the door open, saying, "Get out!" There is no reason for you to be here. You are making the decision yourself.

"Well, I need to bridge this gap because there are those who are not hearing you." Okay, I will use you. Thank you. When you are done with it, you are done with it. I am not binding you to it. You are binding yourself to it. Can you hear me? I want to help you. I do not need you anymore! Go Home! Someone will replace you. Everyone is bridging a gap, because everyone is linked to the *Atonement principle*.

There is no requirement that you teach as I teach. But I guarantee that you will pass through me on the way out. You will demonstrate as I do, if only for an instant. You must, because the way to the Father is through me. The way to the Father is through everyone, and I mean physically. Everyone is only an idea. The reason I can help is that I have been there. I have already passed through that frequency. In fact, I have passed through all frequencies that are associated with the human condition. I have transcended them all. That is why I

can help you.

I know the frequency at which you are vibrating, the one that you are choosing for yourself. I know that you are not bound by that frequency. I know that you are doing it to yourself; that you can transcend it any time you want to. In order to transcend it, you must be willing to let it go. How are you going to transcend it if you desire it? And the only way to transcend the desire for the frequency that you are vibrating at is to desire a higher frequency. And the easiest way to do that is to associate with Jesus.

When you associate with Jesus you are relying on the highest possible frequency, and your frequency will increase naturally. Jesus has you; you are hooked – start swimming towards the boat. That is only wise. Turn towards Jesus and move in that direction and do not worry about the world. “But there are so many tasty things!” So you turn and you try to fight the extraction – Jesus is extracting you and you attempt to fight it because you find something attractive here. You are on the reef, finding interesting things.

The only thing that is truly interesting here is the light, and that you find in one another when it is what you are searching for. And that light is very attractive. And although it may translate for a moment into a relationship, it is not the form, it is the frequency. It is not the picture; it is the light that is attractive. As long as you are associating with the light, you will not be concerned when the image falls away. In fact, you will be happy when the image falls away. Because you are no longer bound by the image; you are associating with the light. And that light is the light of Jesus because there is only one light. It is all very mysterious...

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The only way that we can be equals is by virtue of the fact that we are not physical; *we are vibratory associations of light*. We cannot be in the same location, that is not possible, but we can be at the same vibratory frequency. You can see that. Everything points to it, even your scientific evidence point to this. Waves that are vibrating at the same frequency are the same. Sympathetic vibrations are the same. There is no difference. Even though they can separate again, when they come together, they are the same. That is what makes us equal. And this will allow us to awaken together in increasing vibratory associations of light.

So we will ask the question, where is Jesus? Why does not Jesus return to indicate that the resolution is accomplished? And the answer to that of course is: He has returned! He is always returning. He is returning as you, as the guy next to you, as everyone. He is finding you wherever you are in your vibratory association. And he is vibrating with you there. Perhaps that will take the form of a conflict. When individuals are apparently in conflict, you know what is actually occurring? They are vibrating at the same frequency. There are no accidents. Like when you send out a thought like, "My car is going to be stolen," and you attract the guy who is going to steal your car. You are vibrating at the same frequency, yet you appear to be in conflict.

You can see evidence of this everywhere. Be mindful of the frequency that you are associating with, of what you are attracting. You are your enemy, literally. This is forgiveness. The messages that you are sending out are returning to you. This is fundamental. It is obvious. You are a *vibratory association of light*, and you are attracting to you others who are vibrating at the same frequency, and that is why you are waking up. It is

obvious you are waking up or you would not be associating with this *vibratory frequency of energy*. All I am offering you is the continual resolution and you are here with me so you must be ready to receive that.

What I am offering you today is this: keep going. You already know everything there is to know. You have enough experience to indicate that you are in service, that you are being used by Him to gather and to take out. You can continue at that frequency, to be used by Him, serving that function if you desire. Or you can say, "I have had enough of this. I want a higher vibratory association." And it will be given you, up to and including the perspective of the *Atonement* idea which is called Jesus, or singular self-identity. And when you are in that perspective you are not associating in time at all. Anyone want that perspective? Nothing is preventing it. You leave and you do not come back. This is the key. When you leave, when you are vibrating at that frequency, you will have little interest in returning to a lower vibratory frequency. Now, breathe and be happy.

CHAPTER NINE  
*Salvation Is Physical*

## **Journal Entries: Hana, Maui...September, 2004**

*There is no loss because all events are inherently unified. Perceived directly (presently), relationships emerge which witness to the unity of all things through the awareness of the light of your own reality. Intrinsic to these relationships is the love and joy and peace absolute which are the qualities of the natural state. The miracle attests to this state by showing that appearances change. Yet there is a reality behind appearances which is changeless and in which all things share their being*

*The miracle is all the proof necessary to reveal that all things that change are equally unreal. There is no loss because reality is changeless. God has preserved this state for you. You need only open to receive it.*

*The return to matter... The task at hand is one of resolution; integration. To speak of it conceptually is both ludicrous and non-productive. In fact, even the immediate accessibility of unbounded awareness fails to satisfy sufficiently to warrant consistent exploration. Something's missing...an encompassing textured matrix, a physical ecstasy...an immersion into matter so utterly, so as to convert, transform, even baptize the physiology with an a priori admission of spirit or spontaneous awareness, sort of a great reversal! We are no longer concerned*

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*with escaping the mortal coil, but we are rather penetrating form with the a priori acknowledgment of unified awareness. This is our work. We are in fact enlivening matter. We ARE divine intervention. We have come to claim our own. We are the divine, permeating potential to effect the spiritual birthing of matter...*

### **Session: Mataro, Spain...August, 2007**

*Nothing real can be threatened.* Are you ready to hear the introduction to *A Course in Miracles*? Look at how far you have come. We are gathering at the end of time, right? When you are at the end of time you cannot judge. Judgment is impossible. That is where you are.

The content of the dream will always be absolutely, utterly meaningless to you. The comparison of the content is a waste of time. It is a new way of seeing. How does Jesus put it? The purpose of the Workbook is to change your mind systematically to a new way of perceiving. And so you expose yourself to the light of the alternative and that light offers you a new way of seeing, a new perception. It has nothing to do with body identity at all. It is a new way of associating with one another at a frequency of association that is evolved outside of the body identity. That is everything that you have been trained to do; to associate in a different manner, a new way of being in the world, but not of it.

You are still visually aware of body identities, but you are not confused. You are in love. You are associating from the heart. You love in all conditions. Conditions are meaningless; content is meaningless; only the love is real. So you are extending the love, you are extending the light in any and all conditions. You

are not confused by the circumstances. You are living in the heart. The new way of being perceives in love and light, overlooking grievances which are always past.

And that will be today's lesson which says, grievances are always past. I will not judge today. I will not attempt to determine what is going on. I will let God determine what is going on. And in God, there is no judgment. In God, there are no comparisons. In God, there is only love, only light, and this is your realm; this is where you live. Can you live this way; can you associate in this manner and remain in the world? There are two answers to that. The first one: not for long. And the second one: what world?

Now as you emerge from the chaos of the content, there is no real advice that I can offer you except, keep going. Do not stop. I mean, the transition is the transition. The transition requires that you emerge from the chaos. That is certainly part of the process; the transition from chaos to perfect chaos; from chaos to the natural state. You are approaching God in the transition. Keep going. Do not stop. The transition is not an end in itself. It is just a means or a bridge to an alternative wherein which the world disappears altogether. If there is a movement, it is moving towards dissolution, or the translation of all of your residual content to the light of the alternative which you have discovered in the transition. You are being given glimpses of love. But ultimately love will translate all of the apparent opposition, apparent falsity, and apparent identity in time and space to itself, to love. It is going to outshine all of the opposition.

No one stays here indefinitely. No one stays in transition indefinitely. The transition is completed in you. The question is



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what are you doing to bring about the resolution? What are you doing in transition in order to accelerate the completion, the conversion of this altogether? That is physical resurrection. That is the mystery of you standing for an eternal instant at the birthplace of dreams.

You can look at me as a demonstration and you can see that I am doing it. By the way, it is not as easy as it looks. Try it some time and let me know. Do not talk to me though until you are in transition physically. When you are in transition physically then I know that you are actually doing the work. It is not a mental process at all. It is a physical process, a physical conversion. It is not just an abstract idea: “Okay, God is, but what about this?” Well, what about this? “Well, this isn’t.” Oh, yeah? Talk to me about this not being. You are still here. You are still associating in a body identity. You are still maintaining this idea. So do not talk to me about it until you are in the transition physically. Then we will meet, and have a little discussion.

In other words, what I am demonstrating is physical conversion. And I am doing it in a way that is becoming natural for you. You walk into this frequency and immediately begin to undergo physical experiences of re-association of light identity. This is not just conceptual, and it is not just something that happens and is completed. It is continuous until it is completed. In other words, you do not complete it and then come back and say, “Well, I did that. What is next?” No. When it is completed there is nothing left to come back to. And there isn’t an identity that is attempting to accomplish anything. That identity has been resolved and is gone. God is, and this isn’t, altogether. And then there is no trace of it. You cannot find it anymore. It has been accomplished in you.

Until then you are in transition. But what are you doing now to accelerate that transition? Are you involved in it wholly, physically? Are you experiencing physical re-associations of your identity? This is a personal matter. When you submit yourself wholly, physically, you will know exactly what I am talking about. You have experiences of the collapse of the physical location. You start to feel yourself as me. You start to merge with me physically. I am talking about a physical occurrence. Of course we are communicating with our minds. There is no other way to communicate. You and I are communicating outside of time and space. We are communicating at the level of consciousness.

What about the profound physical opposition? Is anyone addressing that directly? Or are you avoiding it physically? We are talking about physical experiences here. We have experienced it. We know about it; the body identities merge in one light conversion.

Those of you on the periphery attempting to judge today's lesson, you are mistaken about everything. You have no idea about what you are hearing. You are arresting your vision on the form and you are wrong. Say to me, It is not the form, It is the frequency. It is the frequency of the association that resolves the formulation. It cannot be resolved any other way. In other words, the moment you have a problem with me, go to light and the problem will disappear. The moment you have an issue with me, go to light and you will see that you are wrong. In light, all things are resolved. Ultimately, in light, the body identity is resolved. Get into the practice of it.

V. stands up

Go ahead. What is your problem?

V: "I am separate from you."

It is a lie. You are not. Even now you are not. And you have been given many opportunities to recognize that. You have been in an association where the body has become a single identity with the recognition that you are not separate. It is self-evident. What is preventing that from arising in you?

V: "I am separate and that makes me suffer."

That is true.

V: "I want to stop perceiving. I am perceiving here but I do not want to perceive."

Good. Do not. Who is aware that I am not here? Does anyone know that I am not here? (Yes) Thank you. In order to know that I am not here, you have to be not here with me. You are not here, I am not here, no one is here. It is a frequency. It is a way of being that is outside of, yet inclusive of, the physical identity. How do you get there? You cannot get there from here. It is a quantum leap, a jump, a shift in consciousness. There is no causal connection between here and there. There is just there. You are there because you are already there. Not because you have to do anything to get there. At no single instant does the body exist at all!

Why do you keep having a problem with me? Come on now. I am offering you a way of association that is transforming naturally the body identity. Not only that but it is doing it as an out-picturing. Here is a picture of it. It looks like a center in Mataró where brothers are coming together in a single intention to transcend and they are experiencing the resolution of the body identity. It is happening physically!

You can observe it, and you can attempt to determine what is going on for a very long time. And everyone will be enjoying the resolution and you will be here observing. “Nothings happening. The guy’s a fraud. The guy is a fake.” Go ahead. Knock yourself out. How long will you do that? Until you grow tired of it. Until you see it is not getting you anywhere. It is just more of the same bullshit.

V: “You are not false. The one that is false is me.”

The one that is false doesn’t exist, my friend. That is the only lesson that you will learn here. The one that is false is not. I am with you now. I am trying to help you with this. All of the mea culpas are not worthy. “I am false, you are true.” That is all an attempt to keep you in separation. It will avail you nothing. It doesn’t help to say I am false, you are true. That is not what I am asking you to do. I am asking you to remember that truth is true and nothing else exists. There is only truth. So the one that is saying “I am the one that is false” does not exist.

Somewhere, you are ready to hear this. That is an individual matter. That has to do with you being weary, tired, frustrated with your attempts to do this on your own. The moment you say, “I am absolutely false,” you are true; you cannot be absolutely anything without being true. The moment you say, “I am absolutely false,” you are true, and you open the door to physical transformation. Your problem is you are saying, “I am absolutely false,” but you are owning the idea that, “I am absolutely false.” You will not allow yourself to *be* absolutely false. Can you hear me? Say to me, I am wrong about everything. That, my friend, is your solution....

## CHAPTER TEN

### *The Encompassing Resolution*

*I awakened at 1:00 a.m., fully rested, stomach empty. I sat to meditate, closed my eyes and began the process of surrendering my will to God. Within a few moments the energy was awakened and began moving up the spine in the undulating manner I have grown accustomed to. Thoughts arose in consciousness, and were selected as true according to the response of the energy. These thoughts gave me a clear sense that I was in alignment with God's purpose, and had merely assumed more responsibility in that proceeding.*

*There was movement up into the head which was lit by all abiding radiance and love, where only consciousness purified of personal motive remained. I remained in this state a moment, and was clearly instructed to call the Master Teacher. I fumbled for the phone, and managed to call...*

*After the call, I sat for some time considering the relationship between thoughts and time which had been revealed in the descent. Time is an ascending and descending spiral of thoughts, each connected to the single thought which spawned the separation. As the thoughts grow nearer the entry/exit point, they become more unified, recognizing their inherent unity. Further down the spiral, as thoughts become more fragmented, it becomes increasingly difficult to remember their origin in unity because of the sheer*

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*weight of their complex associations with one another. Still, time is a continuum, with no breaks or discontinuity in its fabric and so no thought is left comfortless. Yet one is bound only by thought, and therefore, not bound at all since thought arises in the self...*

### **Session: Mataro, Spain, August 2007**

Say to me, my mind is all powerful. Say to me, I can heal the sick and raise the dead, because I have made sickness and death myself. Now say to me, I have come from above. One more thing.. Say to me, I have not done anything yet. My whole teaching is, I have not done anything yet. Not yet. I have not done anything yet. I am about to do something, I can feel myself being moved, but I have not done anything yet...

Take a breath. Residing in 'I have not done anything yet' is what the offering of this new frequency is. It is what I am calling the threshold identity. Do not do anything. Do nothing. If you absolutely must do something, be moved to do it. Be moved by the mood of not doing anything. When you find the mood, or the climate, or the atmosphere of doing nothing, you will be moved. But it is not you doing it. There is something else that is moving you. That something else is what salvation is. And that something else is what the light is.

It is what we discover in this adventure in consciousness. It is a continuing unfolding, this conversion of the human identity. It unfolds as an event in consciousness, and as a picturing of what it looks like in the unfolding. It is an evolutionary idea, and it is occurring by Grace. It is like a quantum shift, or an evolutionary shift that is quantum in nature. There is no cause and effect relationship. It is a jump, a leap in consciousness.

There is no real causal connection between ape and man, and none between man and God-man.

Say to me, my mind is all powerful. All power in heaven and earth is given to me, because all power is of God, and I am not other than that. My mind is all powerful, *and* I have not done anything yet. You know that any movement you make in consciousness will prolong your identity in time and space. Listen to me dreamers, each and every one of you is doing that. You are determining the outcome. You do it by directing your consciousness, by directed awareness, by observation. The world is a form of directed awareness. You are not really an identity at all. You are an association of thoughts which are forms of light. You are associating with the thoughts in your own mind. You can call that creation. You are a creator, and you are associating with ideas in your own mind.

What do those ideas look like? It is easy to see that. These, all around you, are ideas in your own mind. That makes you a healer. It is your dream, your world, your universe. You are responsible for it. And the moment you want to see it resolved, it is resolved. And that moment will be here and now. This is the moment you decide. *This is my holy instant of release.* Not another one, this one. Hey, anyone want to wake up here? This is the time. Of course you are afraid. It is death, right? Letting go is death. No, letting go is life. Why? Because you have not done anything yet! Everything that appears to have occurred; all of your memories, this burden of consciousness, where is it? Show it to me.

Are you ready to be free? It is all gone. It is not here and now. *This is your holy instant of release.* None of it matters. *What you remember never was.* Remember? That makes you very happy.



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You are free. You are not bound by events in time and space.

Everything physical is a past idea. You learn this in grade school. By the time the light reaches you from the reflected idea, it is already gone. You are looking up at the stars, not as they are, but as they were. The light from the stars is 14,000 million years old when it reaches your eyes. *I see only the past.* That is literally so. *I see nothing as it is now. Therefore it can truly be said that I see nothing.* If I see nothing as it is now, I see nothing.

It is just a teaching. But sooner or later you will accept it as true, and it will always have been true. It is like a switch going off. I want to know this for myself. I am tired of watching others. I want to know this for myself, and consistently. *I see only the past.* Everything I am associated with is an idea in my mind. “Oh, but it really feels like a relationship.” Of course you are in a relationship. You are in a relationship with everything because you are in a relationship with God. You cannot avoid relationship, and it is not about avoidance. It is about relating with ideas that are already gone versus being in a present relationship with reality.

When you are presently associated with reality, you are happy. You are not bound. You are free to allow events to unfold according to His Will. Father, my will is Yours. This is my holy instant of release. I am letting go of all of my past associations with myself, and I am just going to see what happens. Surprise me. Something is going to happen and I have no idea...

Now, I want to explore what I call a fifth-dimensional identity. Many of you are fifth-dimensional identities now. The four dimensions of time and space, plus an emerging spiritual recognition. It is becoming more evident to you. You are

associating with spirit and in spirit, and not so much as a body identity.

I once ran into a fifth-dimensional idea who came out of a transcendental meditation school. I went into their association to teach, and he was sitting before me. I started to open up the light of the resurrection, and I recognized that it wasn't penetrating him. He was a high mind, a bright idea. He had had many experiences. I am looking at him, and I am wondering why there is no penetration and so I began circling him in consciousness. And what I saw was he was perfect, a perfect crystalline identity, perfectly transparent and at the same time, perfectly stable. And as I tried to circle and penetrate with the light, I saw that there was no point of entry. There was no way to get in there. He was perfectly stabilized. You might describe it as a perfect egoic representation; a perfect reflection. An idea that was completely self-contained and totally content within the containment. I am talking abstract. Do you understand? And so I saw that there was no way in, and I came back and all he did was this: "Uh-huh". He saw what I was doing and acknowledged it and I did the same. I said, "Uh-huh", and that was the end of it. I got up and walked away. There was no way that he was going to allow me in.

Afterwards, as I associated with others from the same community, I saw that many of them were in the same disposition. They had hooked into the energy. They were using that energy in order to maintain themselves within a physical association. They were very successful businessmen and successful in relationship with one another. And I mean perfectly. Not a hair out of place. What can you do about that? Not a whole lot. There is not a whole lot you can do until there

is an opening. The opening will always come from, “Okay, I have had enough of this. I have been doing this and I realize I am utilizing the light of God to do it. And I have had enough of this.” This is for all of you now. You are coming into the same identity. You know you are a spirit identity. This is where you say “Father, your will and not mine”, because you recognize the best you can do relying on yourself is to become a perfect crystalline identity.

You can call that sacred geometry, if you like. You are a sacred geometric figure; how does it feel? You have come from above and you are growing like a crystal, perfectly. And I mean perfectly. There is only perfection. You are perfect representation of yourself, absolutely flawless. And I do not mean anybody else. There is nobody else. You are doing it perfectly. You are getting the exact result of your mind. Measure for measure.

I am trying to offer all of you this new frequency which is one not only of recognition of spirit identity, but recognition of total reliance on God. That is an aspect or element that is missing in the fifth-dimensional association that I spoke about. I mean dependent upon God to be released from the binding nature of your crystalline structure. You need God to get out of this. You cannot do it on your own.

“My mind is all powerful. I am getting the result of my own mind and I have not done anything yet.” Now, what are you going to do? Well, this will be a good time to rely entirely on God. The best you are going to come up with is this world. And that is no longer satisfying. Say to me, *the world I see holds nothing that I want*. Well, look at what happens – an increase in frequency. Why? Because it is true: the world you see holds

nothing that you want. Not only that but there are those around you who know this and are practicing it. And they are released along with you. The matured fifth-dimensional identity is a complete release of your association with yourself.

Now, trust is the key word. Of yourself you can do absolutely nothing. You are completely dependent on God to show you the way out, because the best that you will come up with is being a perfect human being. From my perspective there is no such thing as a perfect human being. A perfect human being is still very small. What I offer you as a converting agency is the breakdown, the undermining of that. It is what I do. I am pretty good at it, because I will not allow you to take root and grow. Come on. You come from above. One more time. You do not come from here. You come from above. *“Heaven is my home. I will hasten there. This is my holy instant of release.”* This is all just a form of preparation.

You'll never be happy as a constructed identity, no matter how perfect. A perfect structure is still structure. The mind is naturally abstract. Not that you won't become structural for a minute. You are structural now, but your structure is certain. You are a form of structural certainty because you are here to serve God. You have no other reason for being here.

You cannot be in a relationship that is in any way exclusive, because all relationships are all inclusive. You call them holy relationships. This is my holy instant of release. It is whole. It is complete. It includes everything. Nothing is lacking. Now we are on our way out of here. We are leaving here because we are associating in wholeness. And you are letting the limited ideas of association go. How else are you going to free yourself from your body?

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Use your mind. The mind is the purification medium. Your mind is inherently wholly purified. What happens next? Nothing. "What do you mean nothing?" I mean nothing. There is nothing happening. You are free because nothing happens. The reason you are forgiven is because you have not done anything yet. Jesus will teach it this way: my holy brother, my purified holy brother, my whole perfect brother, do not take one step in the descent into hell for if you do, there will be nothing but hell. One step is all it takes. The moment you take the step you are in hell. Take not one step in the descent to hell. Keep your eyes fixed on the light. That is my suggestion. That is what I am offering you. You have found it. You have recognized it. Stay in the light. That is a way of being. It is a frequency.

Here is the thing that you may want to be grateful for: I brought an idea with me from above, just as you have brought all your ideas with you from above, except for one very large difference: I remember. I have a perfect memory of coming in with the idea of bringing about a physical healing, a physical re-association of the human identity. It is the idea that I brought with me from the light; this program given to me by Jesus Christ to demonstrate the physical nature of the transformation, what you call Resurrection. I have that idea. I brought that idea with me from the light. I am manifesting that idea, and I am doing it with a purpose in mind, and the purpose I have is to free you from the idea that you are trapped within the body identity. That is my purpose. I am playing by your rules. I am assuming a body identity in order to demonstrate to you that you are not a body identity.

Now you are going to have to enter into the program as it is unfolding. It is an unfolding because if you were ready to let go

of the body identification you would let go of it right now. You are not ready, and that is fine. You are not ready; and so stick around a bit. Your readiness will grow. I am offering you a way to associate with one another in a way that transcends the body idea. I will call this love. And that is where it begins. It begins by associating in love, or in light, and as you do, the body falls away quite naturally. When you are no longer animating the body with your intention, it simply falls away. You are no longer concerned with it. It may still be operating, but operating on the behalf of your new light identity. This is called freedom.

We are actually accomplishing this, as Jesus did; the physical resurrection. I am demonstrating it, and I will not let up. I am going to continue to increase the frequency until you join in. Until you add your physical idea of yourself to this circle of resurrecting bodies which is singular. There is one body that is resurrecting. This is what we are discovering. We are becoming one physically as we leave here. Think of it this way: when Jesus says “no one comes to the Father except through Me”, He means that literally. If you want to go to God, you have to go through this body. Tell me you can hear me!

The body does not exist. The body is an illusion being maintained by you because you are afraid to wake up. It is a dream identity that you are clinging to because you are afraid. The awakening is a physical occurrence. And when you are ready it will occur. And more and more of you, in this frequency, in this light, are maturing. You are bathed by the light until you have ripened sufficiently and say yes to the body transformation. And then you will find yourself among those who are experiencing the body transformation consistently. You will find yourself with me in the singular body conversion.

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In other words, you will be birthed by the resurrecting body into the light. It is a reversal. You enter into that body and you travel through, and it is a tight squeeze; a little uncomfortable in the transition because you keep trying to bring your self concept with you. You are being reborn in spirit. It is a reversal of your human birth. Your human birth is a physical birth; your spiritual birth is a reversal. You are going to come through the resurrecting body which is one, and out the top of your head, which is where you came from. Are you okay with this? When your crown opens you are birthed in spirit. It is a reversal of the human process. When you are expelled into this world, it is in pain. When you leave here, it is in ecstasy.

I am offering you a correction. I am the light in your mind. I come from above and I have penetrated your dream identity. I am looking at you and I see that you have allowed me in. Once the light gets in the whole process unfolds quite naturally. It is effortless, unfolding by Grace. Your only part is to stand still long enough for it to complete itself. We are raising the frequency more and more because you are entering into this transitional identity.

More of you are saying, “Yes, I want to complete this process, and I am going to stand still and draw a circle right here in Mataró. I am not going anywhere. I am going to stay right here until this process completes itself.” Where is Mataró? It is in your mind. It is not a physical location. It is a frequency of association in your mind that you come to when you are ready to awaken. Call it anything you like. Call it India, and it will still be Mataró. The only way out is through the transitional frequency which is love.

*This is my holy instant of release. Father, nothing I thought apart from*

*You exists. And I am free because I was mistaken. I was simply mistaken and did not affect my own reality at all by my illusions of my self. Now – present - I give them up, and lay down idols at the feet of truth...*

That is nice. Now look. Look at that gesture. I lay down idols at the feet of truth. I bring everything that I thought I was to God and I leave it here. Look at that. That is a place. Can you find me there?

*...to be removed forever from my mind. This is my holy instant of release. Father, I know my will is one with Yours. And so today we find our glad return to Heaven, which we never really left. The Son of God this day lays down all of his dreams. The Son of God this day comes home again, released from sin, and clad in holiness with his right mind restored to him at last. This is my holy instant of release.*

You are in the transition presently. You are moving toward the consistent certainty where you will no longer be fooled by what appears to be arising. You will no longer be identified with the body identity, You will be identified only with the light and you will care less what is happening to bodies, about how bodies are associating with one another. You are associating in light, with the identity which is being given you. Relationship, intimacy, and communication are whole aspects of you present associations.

There is pure being, free of the particulars of that are associated with identification as a conditional identity. The particulars are gone. It is not that you are not associating here; it is that it is all the same. There are no differences. The quality of life doesn't change when circumstances change. You are not dependant on conditions in order to be happy. You are happy first and you bring that happiness to the conditional reference. You are free first and you bring that freedom to the conditions.



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You are at peace first and you bring that peace to the circumstances.

This is that transitional identity: you need do nothing! Your problem has already been solved! The moment that you associate with the problem, you have lost sight of the resolution. And I mean the instant you associate. Why? This is my holy instant of release. This is the instant I decide to associate with the resolution and not with problem. “I will no longer make the problem real by attempting to share it with you.” Stop doing it with me. Please. You have no idea how sensitive I am at this frequency. You keep bringing me your problems and I keep saying, “What the hell are you talking about?” You have no problem that hasn’t already been solved. Nothing needs to be done. All you have to do right now is wake up. And that is what is happening here.

All I am doing now is increasing the frequency. This is your holy instant of release and I am filling it in with light in order to diminish your tendency to construct another dream sequence within the dark context of the non-resolution. Stay in the light. There is nothing to do. There is no where to go except out the top of your head. The body will transform naturally as you align your mind. Do not be fooled by what is arising here to distract you.

Trust is the gesture, the disposition that is required in order for the transition to complete itself. There is one with you who knows the way. Let the world go and associate in light. That is my suggestion to you. Place all of your resources, however meager or abundant they are, into this purpose, into this location in consciousness which is dedicated as your transition point. It is been given you as a physical location. It is been

provided as a safe place wherein which you can complete your process, your awakening, your transition.

If you do not apply what I am telling you to do to every aspect of your life, do not complain to me that you are not making progress. You have been given exactly what you need. You have been told exactly what to do. Do not tell me that you do not know what to do. You know exactly what to do. You need to apply a very simple principle: “Father, Your Will is done.” It is a very simple gesture, a very simple alignment: ‘Father.’ It is that simple. You should be open in that disposition all day long. “Father, Your will is done. I have no interest here apart from You.”

That will translate into some form of service. God only gives, and if you want to remember God, do as God does: only give. Do not be concerned about the self. It is up to you to say, “I am done with this. My concern with myself is causing me pain and everyone around me pain.” It is an intention to share suffering. Do not share your suffering, share the resolution that You have discovered by Grace. Share the light.

There is a resolution, and that resolution is present with you. *This is the holy instant of release.* It appears like I am speaking to you, like I am reading to you, like I am offering you ideas, but all I am doing is filling in this holy instant of release. In other words, I am fine-tuning your awareness of it. It is here, but I am gathering you in, bringing you into the holy instant of release. It is what I do. It is why I am here. And it will be physical. You will abandon your body idea. And you will do it willingly when you see the results of that gesture.

You are having increasing experiences of relying on God, and seeing how the resolution is an ecstatic encounter with

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yourself. There are many around you now who are beginning to remember along with you. Hang around them and see what happens. It is a total experience and it involves you completely. You will be overcome by it. You will be transformed by it altogether. You will submit to it physically, and it will consume you. And you will join with the guy sitting next to you physically. This is not just an abstract idea. You will enter into a transforming physical association and recognize that there is only one present.

Now, it is getting closer. I can feel it. It is an intense encounter with your Self. It is getting close. The light has come. You have been accelerated. The end of the dream is at hand. You have risen, ascended the spiral. It is very close... You are just letting go of physical ideas. I have got you. There you are... Father. Just breathe. This is my holy instant of release. Say it. It is all you need. Father, only You.

CHAPTER ELEVEN

*Enlightenment Is A Habit*

*I moved through domains of consciousness, some of which I recognized from the sacred literature. I moved through the Buddhist sphere of no mind, and saw countless beings in a state which seemed to me to be oblivion or emptiness. I felt an impulse to remain there and rest. The peace associated with stilled and silent awareness was very attractive, especially in light of the intense physical process associated with the ascent. However, there was an intuitive understanding that this was not the end of the journey, and a simultaneous surrendering of my will to God in the Form the Unfolding Process.*

*I stopped within the sphere of the channel or scribe, and saw that at this level, there was unlimited access to the esoteric wisdom, and the ability to translate the transmission into words. I wrote the following:*

*“One only falls back into time as far as is necessary to achieve equanimity. Therefore the more comfortable one is with alternative ways of being, the less time one accrues in the form of memory.”*

*“One only accumulates as much memory (energy) as one requires to live without inordinate fear. This is why the teaching is to release the past. ‘I take all forms’ is a literal fact. He takes all forms in order to penetrate as that, to reach all of His thoughts.”*

*“It is critical to align oneself with higher frequencies in the form of relations, teachings and so forth. When the moment comes at last to depart, the truth of the teachings will be highlighted in awareness, and provide guidance for the transition.”*

*There was movement up into the crown and the head exploded in light. The physical sensation was overwhelming. I stopped and looked at the body in the mirror. It was moving in accord with the tremors rippling through my spine, and seemed to blend into the background as if my perception of the physical had become pallid and one dimensional. I became spontaneously aware that the physical was only a modification of The All Pervasive Light...*

Enlightenment is only a habit – the habit of being whole. You have a habit of being separate, but because you are learning to associate with me, there is no way to avoid the truth. I am not a body; I am vibratory association of light. You insist that I am a body, believing that you understand what a body is, and that is where you are mistaken. Your insistence that you know is a mistake in perception. I can offer you a correction of that perception.

Form is light. When you begin to turn your attention toward your light identity, you see that even the formulation is light, appearing perhaps as shakti, as an exchange of energy that is continually dissolving the identity of the low vibratory frequency that you call the body. You are calling it a body. It is not anything, it is light. Light has no definition. You are generating a light that is dimmed by reflection (observation) and we call this the obstacle to love. Light is all around. We have a tendency to arrest your vision on a definition; some definition of God. What is this? God! God is all there is! There

is no time nor space nor condition where God is absent.

Enlightenment is a habit. You have to get used to it. You are used to the denial of it. You immediately begin to define it when you walk in here, and all I do is face you toward the light and invite you to develop this new habit with me. You are going to associate with light and love. Overlook conditions altogether and associate in light. You are that right now! The only problem is in accepting it. You need to develop a new habit; a new perception, training your mind to a new way of thinking. What we offer you in the workbook lessons is a way of training your mind to see differently.

The first thing we do in the workbook of *A Course in Miracles* is break down your old perception. Lesson one: *Nothing I see means anything*. Second lesson – *I give everything I see all the meaning it has*. Why would you give it meaning? Where are you getting that meaning from? You see only the past. What you see you brought with you. The present is wholly undefined. In fact the present contains *all* of your past associations, all your past light experiences, alternative and miraculous occurrences. What you do is project your miracles into the past. “I experienced a miracle but it is not happening now.” You are afraid that you are what God is *now*. “I have had these experiences and now I am waiting for another one.” The reconciliation is that all of the experiences are going on here and now. You will remember who you are!

All of the awakened ones are here and now. You are the Buddha having experiences of enlightenment. I am just reminding you that you are here to remember that you are already awake. I am bringing you the memory that you are not here so that you may join with me and remember with me. I

am going to stay with you until you remember. It is going to look like a conversion of your physical idea in one all-encompassing occurrence of transfiguration. We will leave here in one body. There is one body and it is mine. Eat this body and drink this blood. It is Holy Communion. I am complete and healed and whole. You are not a body. You are a vibratory association of light and you are free!

You will remember along with me. I am setting a stage for the entire world to remember. You can do whatever you like, but you will be doing it on the stage that I am setting. You cannot escape from me. The world is my stage, and it is set for the great awakening. You will begin to associate with me in light, and you will awaken because you are not alone! You will recognize that when you enter into this light relationship, it is not separate from what you are. That is the habit of enlightenment. This light is in you!

You want to remember that you are not separate from God, and along the way you are going to be given reflections of what it is to be that. That self-recognition begins to mature as a new habit and new way of being. There is one current of energy, one light, and as you receive it, you extend it. At this frequency we are simply extending the light that we are receiving and in the process all of the obstacles are being resolved. Time is not involved. Presently I am offering you the resolution within the context of the conditional idea of yourself that you are bringing to me. You are being given in exact measure what you are prepared to accept, receive, and understand. I am a vehicle of His work. Join with me. Do as I do. Be this vehicle. Receive me and as you do, give unto me. Your reception of me is your give. There is no time or place or state where God is absent. God is present. Where are you? Present or absent?



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You will ultimately surrender. It is not possible for you to be absent forever. You cannot hide from God indefinitely. I am trying to help you develop this habit; to think as I think. You must learn to think as God thinks; to love as He loves. Expose yourself to this new habitual response to whatever arises. That is the only way to do it. Expose yourself to that light and you will begin to remember.

You will do that presently. It does not require time, but only willingness. Father, here I am!

From the text, chapter 29... God's Witnesses:

*“Make way for love, which you did not create, but which you can extend. On earth this means forgive your brother, that the darkness may be lifted from your mind”.*

The darkness may be lifted from your mind. Forgive your brother. Forgiveness is nothing has happened yet! You did nothing wrong. Nothing is happened yet! If you keep it that simple you will extend this light. We call this the holy instant. In this instant nothing has happened! There are no differences. Simply relax into infinity. Let those boundaries extend to infinity. Nothing happened. Let God establish the roles for you. You are simply accepting everything, rejecting nothing.

*When light has come to him through your forgiveness he will not forget his savior, leaving him unsaved.*

When you receive the light that I bring I am saved. I need you exactly as much as you need me. The light that you are

receiving is your own; the light that you are giving is mine. This is how salvation works. There is only one light. You receive my light and therefore offer it to me. I am not offering you anything other than your own light. Extend this light to everything. No empty spaces. We are walking together toward the everlasting light; by recognizing only the light in each other. Angels will light your way...

*The Son of God can be your savior in the midst of dreams of desolation and disaster. See how eagerly he comes, and step aside from the heavy shadows that have hidden him. See how he shines on you in gratitude and love. His light is brighter still because you gave your light to him and now the light in you must be as bright as shines in him.*

As I offer the light of the alternative that is the agency for your awakening, it shines upon me. Each time you show signs of waking up, I am remembered, I am awakened once again. Otherwise, why would I be here? Your reception is your gift to me. I am only here to be received by you. By your reception do I awaken along with you. We leave here together. We enlighten this world together.

From *Dream Roles*, Text Chapter 29:

*“(Illusions) are dreams because they are not true, their equal lack of truth becomes the basis for the miracle, which means you have understood that dreams are dreams; and that escape depends not on the dream, but only on awakening”*

Nobody wants to be here. Everyone wants to remember God. The cause of miracles is the need for God. There is

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no value in dreams. One dream is not any better than another. You are either asleep or awake. All you can do in a dream is awaken. You will decide to awaken, and God will find you and awaken you. You will be physically transformed. There is one light, one love, and one energy. When Jesus reminds you that “I trust my brothers who are one with me” He means it physically. It is physical! You are an association of light. You are a vibratory frequency of light association. As you release the body you take that leap and suddenly you are seeing from an encompassing perspective.

*“A shadow figure who attacks becomes a brother giving you a chance to help...”*

Everything is either love or a call for love. Everyone is asking for help and looking for the resolution. Everything is a reflection of the love of God.

*Do not ascribe a role to him that you imagine would bring happiness to you. He asks for help in every dream he has, and you have help to give him if you see the function of the dream as He perceives its function, Who can utilize all dreams as means to serve the function given Him. Because He loves the dreamer, not the dream, each dream becomes an offering of love. For at its center is His Love for you, which lights whatever form it takes with love.*

My dear brothers, there is a place in you where this whole world has been forgotten, and no sin lingers still. You would not keep hold of any thought. Join me there. Together we will dream out of here. The light is stabilized because we are doing this together. You are doing this with me. Thank you. Now breathe and be happy.

## CHAPTER TWELVE

### *Thoughts From The Threshold*

Practice the art of transcending thoughts, forms, and ideas *as they arise*. In this manner they cannot touch you. They simply blow by like a benevolent breeze, causing not so much as a ripple in awareness. Remember that you stand far beyond and prior to any disturbance no matter how violent or sublime. Value associations only to the extent that they authenticate singular self-identity, and acknowledge even this ever so lightly, as if made of a most delicate fabric that will tear with the slightest application of mental process. Such is the nature of love.

\* \* \*

So much of what people say is just an inheritance from the spokespeople of the prevailing societal (including spiritual societal) sentiment. If left to their own devices in the midst of their spiritual progression, most people would make greater progress by virtue of their fundamental inability to know right

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from wrong, or in personal terms, that which is in their own best interests. The natural state or condition of humankind without any input from the mind/ego, is one of an open questioning awareness in the form of "what do I do now?" It is in this disposition that the doorway to the natural state is opened. There is no reference within the dualistic domain which will provide true information. The only accurate directions emanate from reality as it is in the form of "do nothing".

\* \* \*

Just imagine it for a moment: no news broadcast to inform you about what there is to care about today, no commercials to tell you what to enjoy, no politicians to influence your future, no priest, family, or guru to provide guidance and no input from objective sources whatsoever; only you naked and bare. Who is there? The thinker? Who is thinking? Is thinking just a perpetual process ongoing independently of the attention given it? Witness thinking; is it not circular and does it not always return to you for nourishment, attention, and interest? What if you gave it no nourishment, refused to engage the offerings of mind? Would you still be you? You at peace? Do not think about it...

\* \* \*

You but play among your own imaginings, as a child imagines he is a soldier among the throngs of combatants, imagines himself on the field of battle, a warriors who strikes at his

opponents until he alone is left standing, victorious atop the mound of the slain. With no one left to kill, his purpose is complete and so he falls on his own sword. Death is god, and God is defeated. And the dead arise once again, this time to prove death's existence once and for all. Attempt after futile attempt is made until the child grows tired of the game. *Child of the Living God, your world is tired indeed...*

\* \* \*

### **The gift you bring**

Deep in your radiant response  
Where despair dares not follow,

No motion of mind  
To disturb your limitless fragility.

How then to inform you of my love?

Too infinitely delicate to disturb,  
A whisper's a roar in this alert expectation.

Deep in your receptivity  
Only silent reception.

Might i live there,

In that place un-menaced by the disturbance  
Of the forgotten dominion of tendency?

There in your gaping heart

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Persuaded by force unseen...

Trifling mind, brittle from lack of nourishment  
Diminishes,  
And at last dissolves  
In the current of your infinite beatitude...

\* \* \*

I feel you clearly now, unblocked by preferences, heart broken open, and a joy to behold. The work should become easier for you now that the broad strokes are completed. Fine tuning can actually be fun because the contact is securely established and the world's hold has been loosened. Awareness has broken free of the body and it pulses out to encompass all that is around you. It then returns and stabilizes a moment in the body, but not in any contained sense. You are very aware of the energy around you, and the apparent resistance is seen as a transparency with absolutely no inherent force or energy, utterly dependent upon attention to animate it.

\* \* \*

Submission to reality is not a passive process. It calls for a passionate embrace of change. What do you have that you would retain? Would you preserve loneliness and uncertainty?

\* \* \*

One must recognize the gift and accept it. In the mood of genuine forgiveness what becomes increasingly evident moment to moment is this: the entire mechanism of conditional awareness: all circumstance, relationships, and phenomena, is at its core always already founded on the mistaken belief that "I am other than..." This utterly darkened secret locus of

experience must be penetrated relentlessly, moment to moment, revealed as the churning factory of fear that it is, the seat of the ego, the punch in the gut contractive mechanism built into the very cells which sends one on his way already cowering and defensive, looking for the trouble he is bound by immutable Law to find.

By the time one begins to consider the effects of the mechanism in its myriad forms, and attempts to position oneself as a player within the absolute disorder produced by such a profoundly split perspective, its so far down the line of cause and effect that the cause (the "I as other" contractive response) is shrouded and most effectively hidden. The resolution I have discovered by Grace, is to remain intensely aware of the mechanism as it attempts to assert itself moment to moment, and with discipline and practice, to penetrate it to the core, the seat of discontent.

The profound experience of looking directly at the ego, and seeing it as nothing more than a reflexive response, (its reaction to any stimulus is exactly the same, it withdraws) absolutely mindless (fearful) in nature, and completely dependent on one's attention to animate it, is a breakthrough in awareness that renders the drama of "tightened" consciousness absurd and obsolete.

\* \* \*

There is no looking outward. There is only looking within. The world, as you perceive it, is a picture of interacting ideas arrested in awareness, and directed by a disordered mind dissociated from the ideas contained within it. In other words, the world you see is a perfect reflection of the ideas contained within your own mind. You have heard this said many times,



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but perhaps this time it will be heard.

The world seems of course, to have an independent existence. What perhaps

you are ready to understand is that the application of tremendous force is required to separate the content (your ideas) from the context (your mind). Yet context and content are inextricably united. This results in an almost constant awareness of dis-ease or stress which cannot be resolved. The stress of the attempt to hold apart ideas and their source generates conflict which is perceived as attack in myriad forms. This attack upon oneself is what the crucifixion is.

You are your brothers. They are joined with you within the context of the Mind of God. Ideas cannot be separate from the context in which they arise. What then is the resurrection? Merely the mind relaxed, free of the impulse to condemn in order to separate. The relief you sometimes feel is due only to the fact that you cannot maintain indefinitely the distinction between yourself and what is also yourself. The content collapses into the context, and for a moment you are at peace. We call this a miracle.

In simplest terms: maintaining the distinction is crucifixion, allowing for the collapse is the miracle of resurrection.

\* \* \*

In the end of course, all experience is transcended. But the awareness of the mystery of synchronicities makes the ride so much more enjoyable!

\* \* \*

Josh

The body you inhabit *is* the light body made dense by the purposeful avoidance of reality. Everyone does it. Everyone must learn that this is what they do. Everyone must choose again.

\* \* \*

Wherever you are is where the answer is. It is the sense of dilemma that must die, not you.

\* \* \*

Isolation is a form of self avoidance.

\* \* \*

"Me" is the cause of unhappiness.

\* \* \*

The familiar falls away as you lose interest in limited engagements (you never liked them anyway). You travel with an increasingly diminishing crowd until you are utterly alone, without distraction. Death must surely follow, not of the body, but of defensiveness you then re-enter the world in love with every one and everything (no matter how they respond).

\* \* \*

Everyone is busying themselves in order to avoid intimacy. This is the core disposition of the separate state: no one wants to expose the heart.

Now and again, gestures are made which may appear conciliatory or even loving on the surface; people greet each other with fondness and warm embrace, exchanging

pleasantries and offering compliments. Such gestures are employed as a nod toward intimacy, but never an unconditional one. There is always some degree of retention, protecting what the self holds dear and values above all else, its own continued existence.

This tendency takes many guises, in order to mask the core intention to alienate. Many of these forms seem benign on the surface, even beneficent. Only radical honesty will allow one to look directly at what are, in essence, illusions of a separate self.

\* \* \*

To those who are already presently and consistently aware of the continuous, unbroken and utterly benign current of life energy (consciousness) which is the very source and substance of all that manifests in thought or in form...to those who are only interested in the "mature" perspective of the natural state and have no interest in convincing anyone by reason or assertion what is obviously already the case...to those who is interest lies in the free and unobstructed movement in awareness which accompanies the identification with the matrix of life energy itself, and not with the struggle to overcome the confusion associated with identification with the circumstances and events the matrix produces... to those who understand that circumstances and events are not overcome by either struggle or evolution, but only by transcendence; generated by the Grace of what is always already true...to those who have had enough of the minute space occupied by the human kingdom, take heart...you are not alone...

Attention is a faculty of awareness, an inherent aspect associated with will. As such it is benign with neither motive nor preference. In service of the comparative mind, however, it

wanders from object to object in search of value and establishing temporary preferences, aligning itself with identity through no fault of its own. It simply highlights, while the mind judges what is worthy of consideration.

I have been looking at the "final door" and accompanying distractions, and saw this:

Temptations aren't evil of themselves, they are merely distractions. As such, however, they divert ones attention from the goal, which is unbounded freedom, and which is God.

Attention is nourishment. Turn away and the distraction withers, or perhaps changes form to attract ones attention once again...simply notice...engage if you cannot resist, but do not add guilt to temporal mixture. Guilt simply wastes time, that is all. It has no power

whatsoever, to condemn or save. It is simply a mechanism of delay. Note also that distractions arise independently of the mechanism of ego. They are not concrete physical diversions, as the ego makes them out to be.

They are, in reality, the ecstatic ebb and flow of creation, prior to identification/judgment. In other words they are not different from current of energy that enlivens all experience in consciousness. Note that one is always already established in/as this current. Nothing need be done to enhance or facilitate its presence. The hold or power of persuasion the tendency to engage has over one diminishes, and ultimately dissolves in this current of energy which is love.

Your attention to this message reveals your intense desire for the real alternative to the confusion and dilemma of material

existence. The power to realize this alternative is in you. What I am is a natural expression of that state as a consequence of my own transformative experience, which has lifted me out of the mortal realm and into the real world. I have returned to tell anyone who will listen that there is nothing in the world worth remaining for. One can easily accept the lesson now, and leave the world at once. For my part, I have no

intention of lingering in time for any purpose other than to deliver the message of salvation which is simply this: you are responsible for what you see, including your body identity! Assume this responsibility and you are already free.

Quantum physics is an accurate description of the dynamics of reality. It can be said that awareness itself is truth; a matrix of infinite possibility or potential; the wave state in quantum mechanics. As such, awareness is imbued with the inherent capacity to create, which is realizing or associating with this infinite potential in a manner which does not alter itself, yet allows for modifications and subsequent relationships. In quantum mechanics, an intention in awareness is coincident with observation; the wave function or state coalesces into the intended modification. In other words, thought is creative.

*A Course in Miracles* demonstrates that thought projection in consciousness leads to perception of modifications or effects as thoughts are made manifest. For instance at the moment, I am looking at symbols on a piece of paper, an observation and a relationship which generates a feeling of intense joy. What is the source of the modification? Only the mind of the observer which is what I am. Like the infamous Schrödinger's cat which is neither alive nor dead until somebody looks, the wave state collapses into a manifest (determined by intention) potential.

Now this is all theoretical and therefore useless until one becomes sensitive to the spiritual ground of experience, witnessing this creative process as it unfolds. And, it is unfolding constantly, arising and dissolving again into the infinite matrix. In short, as has been expressed in myriad forms, awareness influences manifest existence. This is, of course, the source of miracles. The real miracle is the mind of the observer. And this can be seen easily enough by anyone willing to accept the possibility, and then be vigilant enough to witness thought projections and their resultant perceptions.

*A Course in Miracles* offers this demonstration in a number of ways. For instance in lesson 281 "I can be hurt only by my thoughts", Jesus says this:

"When I think that I am hurt in any way, it is because I have forgotten who I am and that I remain as You (God) created me."

This is a call to accept responsibility for personal causation of manifest experience, and a subsequent acceptance of the inherent perfection of the natural state.

\* \* \*

When one no longer dissociates from events, relationships, and circumstances as they arise and collapse from the ground of being, one remains blissfully aware that change is merely a falsely perceived continuity (cause and effect relationship) within an entirely discontinuous (unrelated) sequence (quantum shift). There is nothing to retain or otherwise tend to, all is merely reality fluxing in perfect accord with the whims of intention, until and unless intention dissolves, and Reality as formless blissful infinite potential is the constant state. I bring

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awareness of this state; it is the state from which all states arise. The message I bear is the message of Jesus and of his *A Course in Miracles*.

\* \* \*

*A Course in Miracles* is the most advanced spiritual presentation ever delivered to humankind, not so much for what it says (which is merely the ancient wisdom,) but in its penetrating power and the resulting re-formulation of time and space. It is itself a miracle. One can tacitly feel the wave function collapsing, generating the same self-surrendering gesture as the most profound self-inquiry in meditation, simply by reading it!

All experience, past present and future, is being generated now. This is a simple truth made complex by association with the experience. Associating within the context of the experience gives it the appearance of a substantial objectivity. Once again, awareness itself is the source of all reality. All objective experience arises within it, because all objective experience is caused by it. Once the decision is made to associate within the context of the experience, or with the content of a particular idea, the experience continues until it is no longer desired. When it is no longer desired, it ceases. Once again, when it is no longer desired, it ceases to be. Understanding this is liberation.

The key to understanding this is the recognition that awareness itself is reality, omnipotent and infinitely sensitive to the slightest disturbance in the form of intention. This is in fact, creation. In this sense it can be said that you are remembering that you are a creator through the practice of fine tuning your mind. By associating within the context of an intended circumstance, you have essentially anesthetized yourself so that

your sensitivity to the infinitely delicate nature of awareness as creative source or matrix is made dull. This will not be recognized as long as the content is valued or desired. Valuing the content sustains it in awareness, obscuring the fact that you are cause.

Salvation or liberation is the recognition that I am cause. I am associating with this because I choose to. I desire this, and therefore, I experience it. Because of the attraction of that which is desired and therefore experienced, and

precisely because of it, a profound and dedicated application of the principle of reconciliation is necessary. This principle is described in a number of ways: forgiveness, healing, atonement, enlightenment, liberation.

The response to the simple sense of being-ness is inherently blissful, an unbounded feeling registered in consciousness as a current of energy. It is curious that the tendency in man is to actively corrupt such a simple perfection by overlaying dramas, generating a sort of friction, using this energy against itself. I can almost find the allure of friction, but only as a "temporary" diversion, to be dissolved instantly in the current of bliss, like benign child's play...I say "I love", then cease to speak.

There is indeed joy in the kingdom as this communication unfolds and continues to dissolve the ancient/contemporary impediments to the realization of the divine self condition for one and all...all glory to God, and joy and contentment to his servants on earth! I love you

\* \* \*

When you come to mind, my heart pulses with the longing for



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our reunion in God. This impulse cannot be contained. It wells up in my physical being activating the energy within which is fully awakened in my body. My purpose here, given me by God himself, is to surrender my physicality to the unfolding process. It is this that occupies my time inclusively. When I find you, I find you inside my body, and I "see" that you are preparing to leave. I feel your desire for the immediate resolution which is the physical transfiguration of the body, even if you do not define it as such.

I am tracking you on your path, alert to your readiness. We (together in wholeness) have made a collective decision that this is the time to expose the inevitable evolutionary process culminating in physical resurrection. We will accomplish this through our mutual intention to awaken AT THIS TIME. Our collective intention will generate the power necessary to transfigure the body. I have been designated as one who will reveal and demonstrate the illumined body. It is why I am here. It is for this reason that I have "sacrificed" my dream content to the illuminating influence of Grace.

My intention is to demonstrate overcoming the world through the illumination of the body. I have no intention of remaining in the world longer that is necessary to prepare for this event. I am absolutely preoccupied with the idea of leaving through body illumination. This idea is still somewhat foreign to you, yet I know that you can hear me for this is the time of the fulfillment of our destiny. We are gathering to share our intention. Many of you now are committed to this occurrence. Pay attention only to God's Voice. He assures me that this is the time and place of the occurrence, and that is sufficient. I am ready. You are invited to join...I love you.

## EPILOGUE

### **Workbook Lesson 222: *God is with me I live and move in him.***

*God is with me. He is my Source of life, the life within, the air I breathe, the food by which I am sustained, the water which renews and cleanses me. He is my home, wherein I live and move; the spirit which directs my actions, offers me Its Thoughts, and guarantees my safety from all pain. He covers me with kindness and with care, and holds in love the Son he shines upon, who also shines on Him. How still is he who knows the truth of what He speaks today.*

*Father, we have no words except Your Name on our lips, and in our minds as we come quietly into Your presence now, and ask to rest with You in peace a while.*

Any idea of a man approaching God will be a provision for any and all to remember. You find these provisions when you are ready, and as you release the burden of self-conflict, it moves along quite rapidly. The problem arises when there is an establishment of a method or practice which becomes the end

in itself rather than the pointer. We are not concerned with the conflicts, the pointers; we are only concerned with the end, which is an increase in frequency to the point of physical transformation. We are focused on the end. We are fixed on the light in other words. The practice takes care of itself.

For instance, in my own case, the breathing technique associated with the physical awakening arose spontaneously in the transition. I realized I had to breathe, and I had to breathe in precisely this manner. There was no method associated with it, no practice. I received it as a form of spontaneous instruction as I called upon God in the form of “only You Lord”. That was my practice.

And this will be today’s lesson: Father, only you. In an instant, time becomes eternal. Time just needs to be filled in; to be seen as it is. And that is only a matter of allowance, only a matter of calling upon God to inform time so it becomes eternal.

My suggestion to you now, is do not wander off. You have a tendency in this intensity to drift off. Be wise now. Know that this is a transition. Know that you are in it. Be consistent. Be still a moment. Once truth has found you, once you been uncovered, once you have allowed yourself to be revealed, it is impossible to ignore it.

Everyone needs a safe place; an atmosphere that is supportive, that is intended to enhance the transition. Everyone needs an environment that supports the transition. And that environment is obviously in your consciousness. It translates into a formulation but essentially we are speaking of an environment in awareness that is supportive. And we call that environment love. Any word to describe it would be love. We

have articulated this as the *threshold identity* or the idea of emerging from the conflict of a time-space sequence and remaining in identification with love, light, and spirit, allowing the transition to unfold naturally. The requirement, of course, is to locate that transitional awareness and to stay there; to be consistent in the practice of desiring only that.

All of the lessons of the workbook will now arrive at the perfect time; because you have accepted this transitional idea and all of these lessons are enhancements to this identity. No concepts. They are all prayers. There is nothing more to learn, you know everything there is to know. Everything you are now, the entire human condition, distills into a single prayer; a call for help. There is nothing left but the Son, which is you, calling on the Father. Even my teaching and everything I have demonstrated is but an acknowledgment and enlightening of this location. The rest is essentially up to you. You are deciding whether or not you are going to remain until He responds, or whether you are going to wander off and find another temporary solution. That is all of it.

Until then, all we do is point you in that direction. I am providing a safe place where you can come out of hiding, in order to learn that you are in a whole relationship with yourself. If your vision is arrested on your reflections, that is darkness, for you are seeing what is not there. There is no solution that will arise from that observation.

Your problem of self-identity is resolved only in this climate, this atmosphere of acceptance. Your only problem now is standing still; to stand here until the transition is completed. There is wisdom in the atmosphere. The atmosphere is what wisdom is. The climate is saturated with wisdom. We need not speak for it; it is in the climate itself. I am offering you that

climate.

Today's lesson is the environment of which I speak: God is in the air I breathe, in the food that sustains me, in the guy sitting next to me. Where am I going to go? There is no where to go but to God. God is here. All I need do is allow this

instant to fill in to become what God is and what I am.

You are what you are seeking. You will submit because you have no choice. Everything has been given you. Not only that, you have been sufficiently nurtured in the light that you recognize it. You are beginning to see the miracles all around you. You are beginning to recognize the reminders that you are responsible. This is a good place to be. This has been given as a location. It is a gift. Patience is the word that is coming in; *infinite patience*. That translates to trust. I want you to feel safe in your transition. Do not worry about the outcome. The outcome is secure. The end is certain and guaranteed by God. Breathe and be happy.